

Ferrara 26 maggio 2017

Nuovo Nato e Neonato Emogasanalisi

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Take Home Messages

Nel Neonato

Equilibrio Acido base come punta dell'iceberg per :

- ▶ Patologie perinatali (ipossia)
- ▶ Patologie acute (respiratorie, metaboliche ecc)
- ▶ Patologie più tardive (infezioni ecc)



ACOG

Committee on
Obstetric Practice

Reaffirmed 2010

Committee Opinion



Number 348, November 2006

Umbilical Cord Blood Gas and Acid-Base Analysis

This document reflects emerging clinical and scientific advances as of the date issued and is subject to change. The information should not be construed as dictating an exclusive course of treatment or procedure to be followed.

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***ABSTRACT:** Umbilical cord blood gas and acid-base assessment are the most objective determinations of the fetal metabolic condition at the moment of birth. Moderate and severe newborn encephalopathy, respiratory complications, and composite complication scores increase with an umbilical arterial base deficit of 12–16 mmol/L. Moderate or severe newborn complications occur in 10% of neonates who have this level of acidemia and the rate increases to 40% in neonates who have an umbilical arterial base deficit greater than 16 mmol/L at birth. Immediately after the delivery of the neonate, a segment of umbilical cord should be double-clamped, divided, and placed on the delivery table. Physicians should attempt to obtain venous and arterial cord blood samples in circumstances of cesarean delivery for fetal compromise, low 5-minute Apgar score, severe growth restriction, abnormal fetal heart rate tracing, maternal thyroid disease, intrapartum fever, or multifetal gestation.*

Obiettivi: EAB perinatale

▶ INTRODUZIONE:

- ▶ Entità problema
- ▶ Unità feto-placentare;

▶ FISIOLOGIA:

- ▶ Parametri pH, pCO₂, BE e HCO₃, Lattato,
- ▶ Modifiche in base Età G. (EAB), modalità parto
- ▶ Significato
- ▶ Prelievo

▶ VALIDITA' tests (parametri)





INTRODUZIONE:

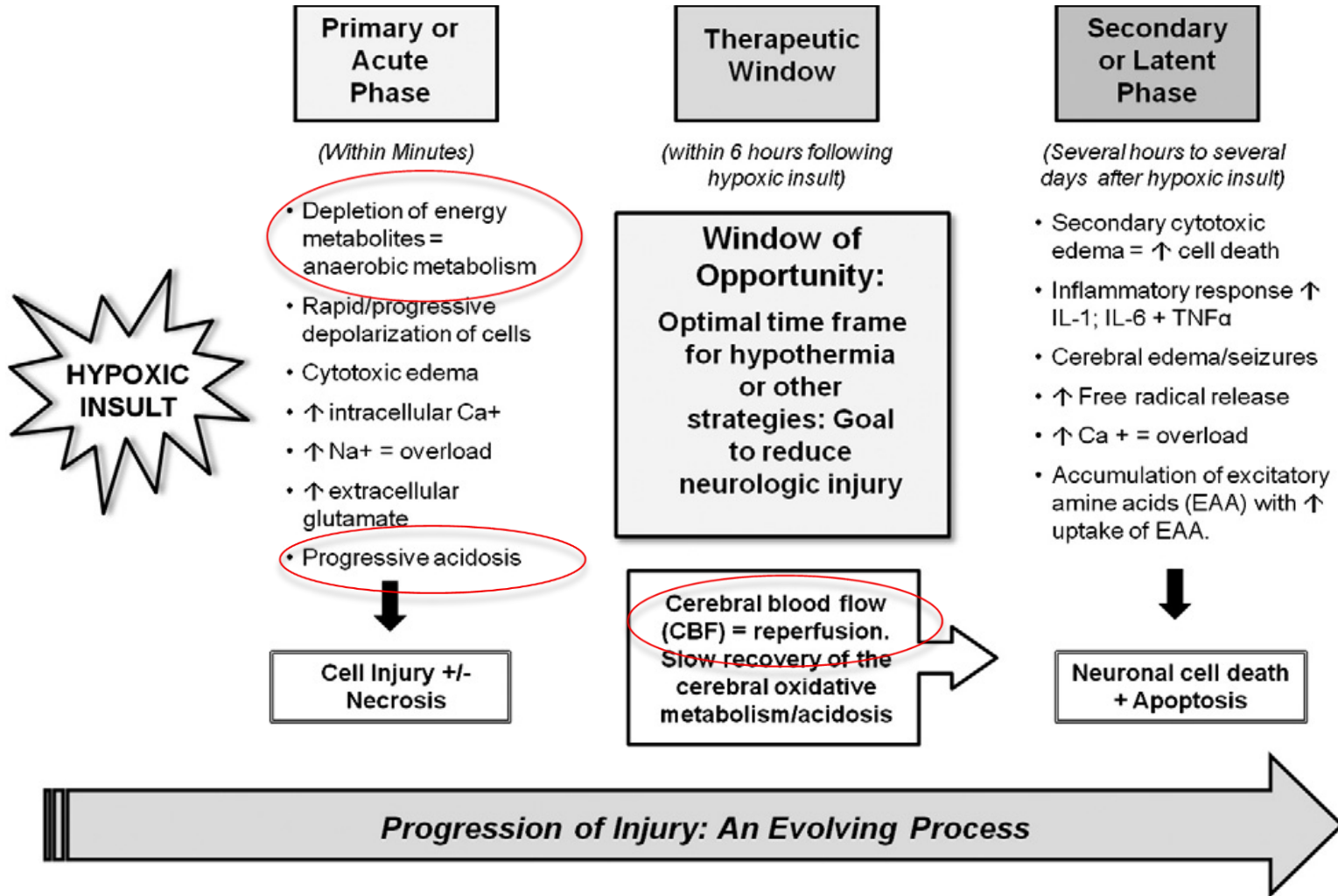
Entità del problema

- ▶ L'incidenza di asfissia intrapartum è di circa 3-5/1000 nati vivi; l'incidenza di encefalopatia ipossico-ischemica moderata o severa è di circa **0,5-1/1000 nati vivi**.
- ▶ L'encefalopatia ipossico-ischemica è una delle maggiori cause di morte neonatale e disabilità neurologica nel bambino
- ▶ L'EEI di grado moderato o severo è gravata da una **mortalità** compresa tra il 10 ed il 60%; tra i sopravvissuti il 25% sviluppa **sequele** neurologiche

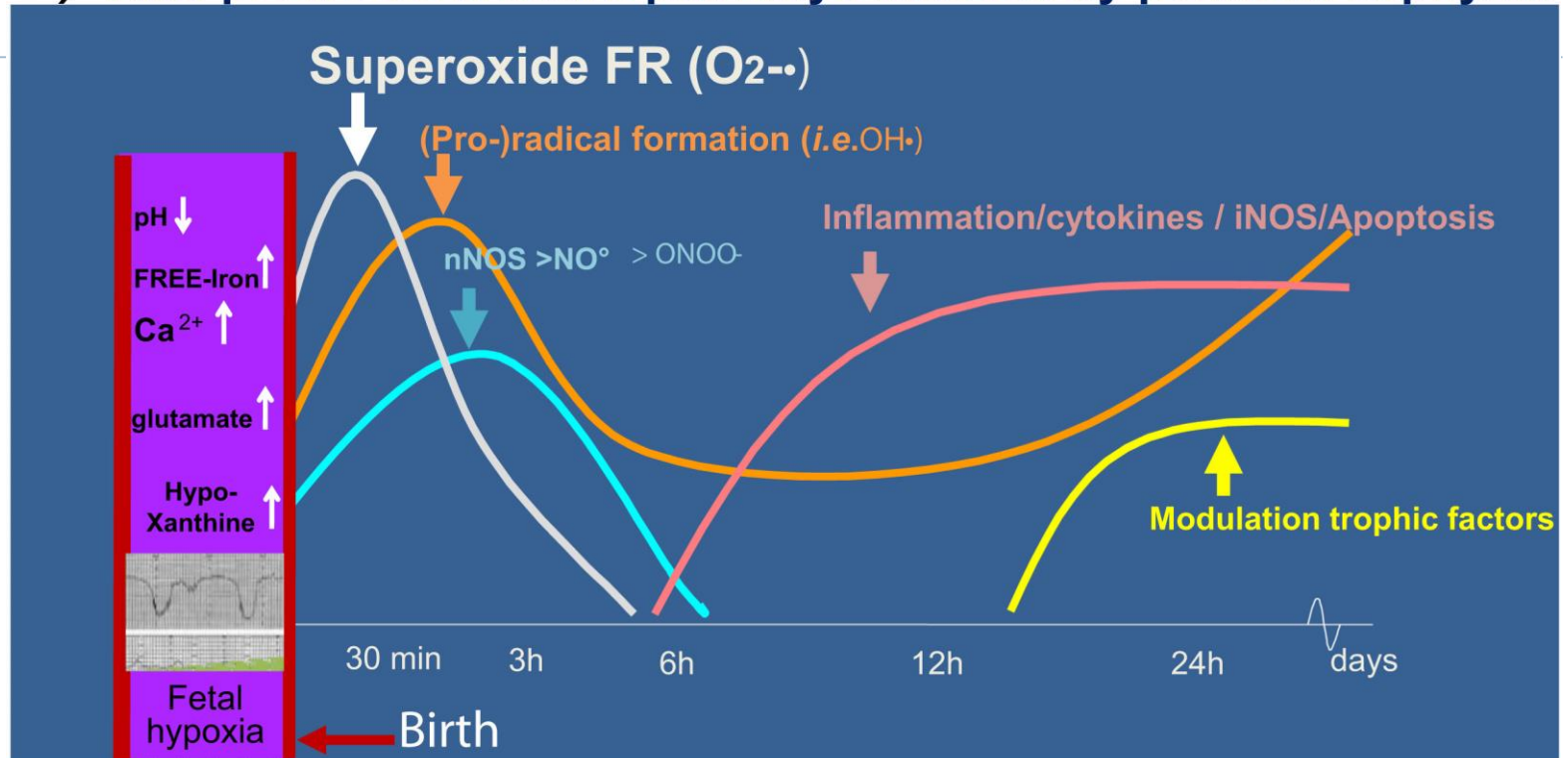
Iniziali MECCANISMI DI COMPENSO (aumento FC e vasocostrizione periferica)



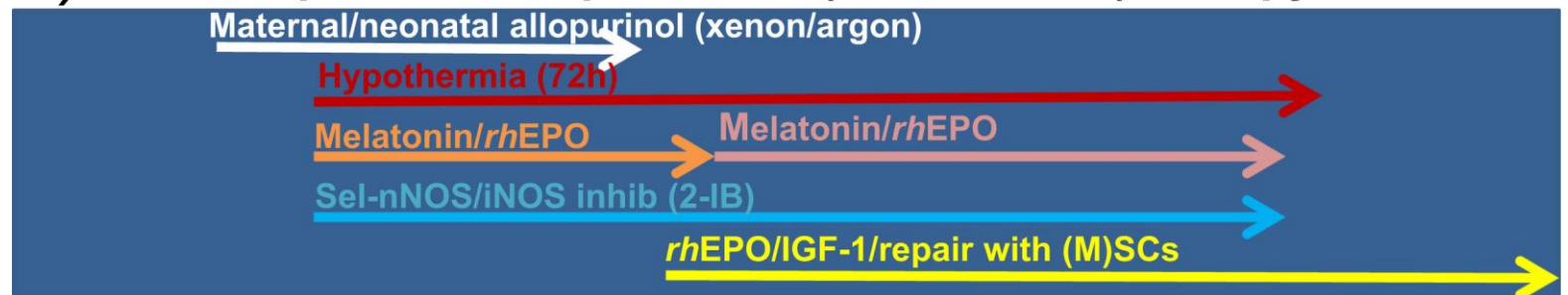
Depressione cardiocircolatoria, danno ischemico
DISFUNZIONE MULTIORGANO



A) Time profile destructive pathways induced by perinatal asphyxia



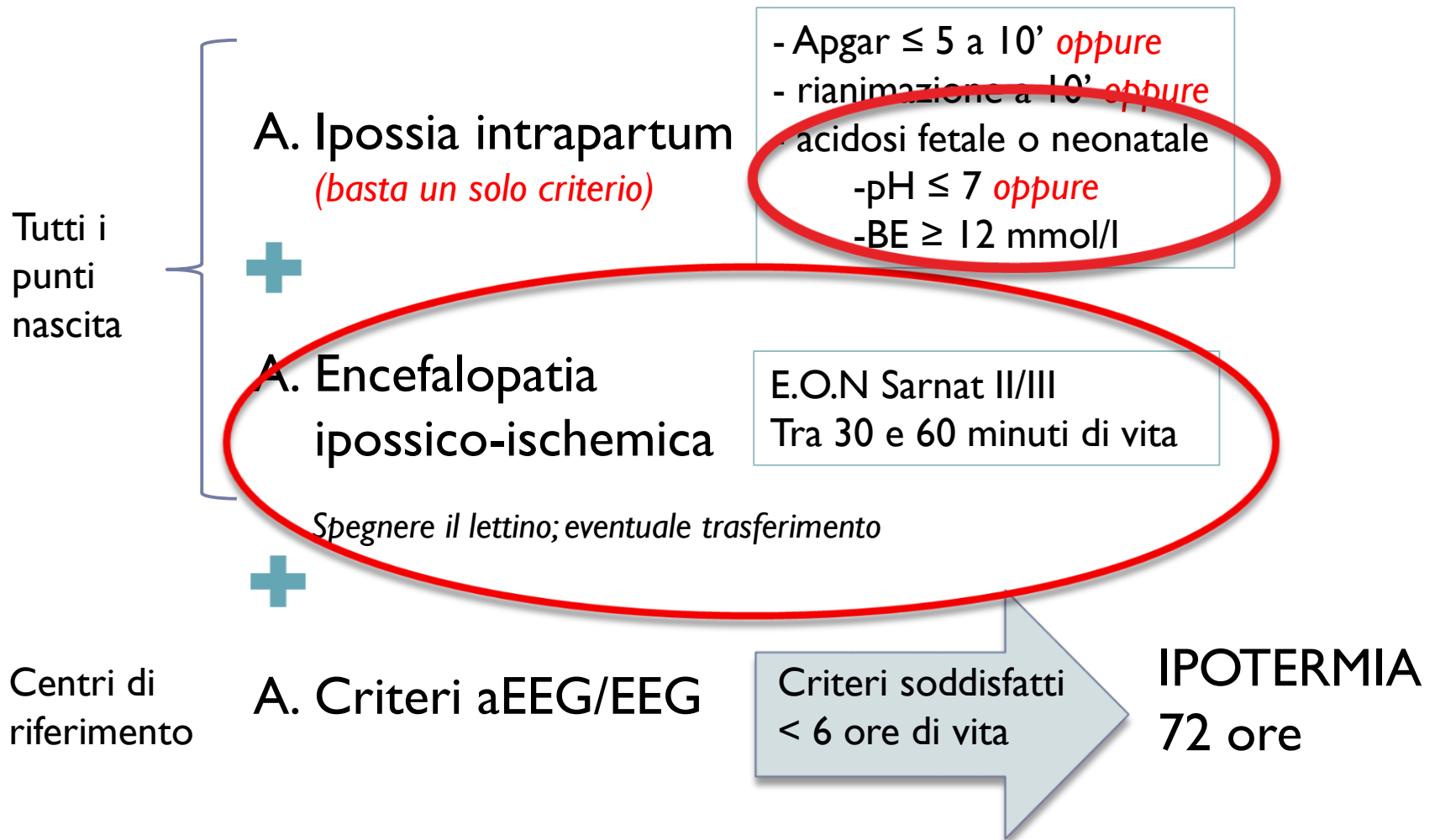
B) Optimal neuroprotective (combination) therapy



TRATTAMENTO IPOTERMICO

Criteria di inclusione

Neonati di EG ≥ 35 settimane e peso ≥ 1800 g che abbiano meno di 6 ore di vita.



Criterio A: ipossia intrapartum

▶ APGAR

- ▶ Item per esteso; tabella in cartella
- ▶ **Extended** (se a 5' <7 continuare ogni 5 min fino a che >7 o fino a 20 minuti; **a 10 min correla con morbidità**)
- ▶ Apgar intubato: se non respira da solo respiratorio 0!!

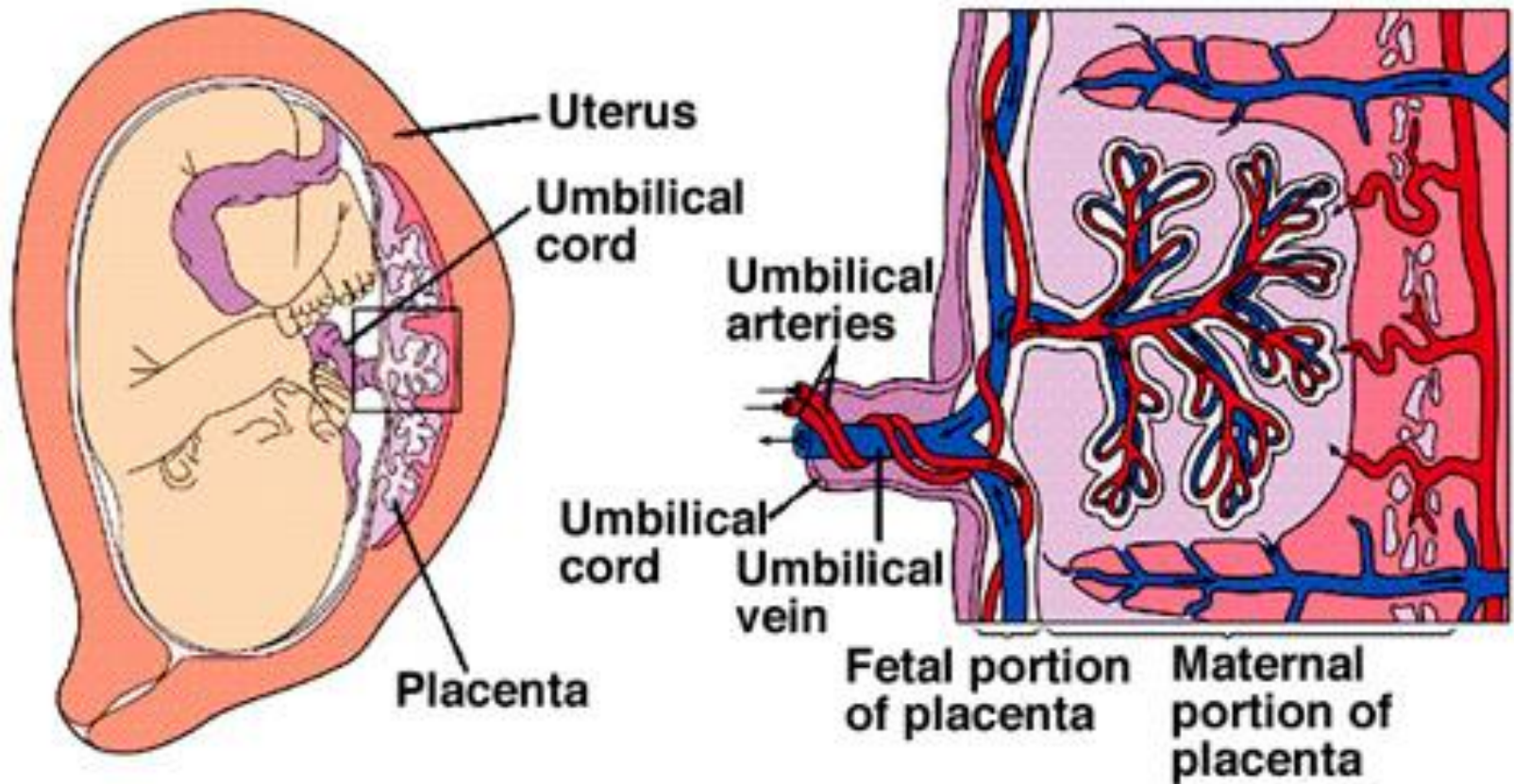
▶ EAB

- ▶ ACOG/ AAP 2006 e2010 parti a rischio;
- ▶ NICE parti a rischio
- ▶ Thorp 1999: a tutti → gold standard per valutare funzione utero-placentare (audit di tutti i casi con acidosi per migliorare la pratica clinica)



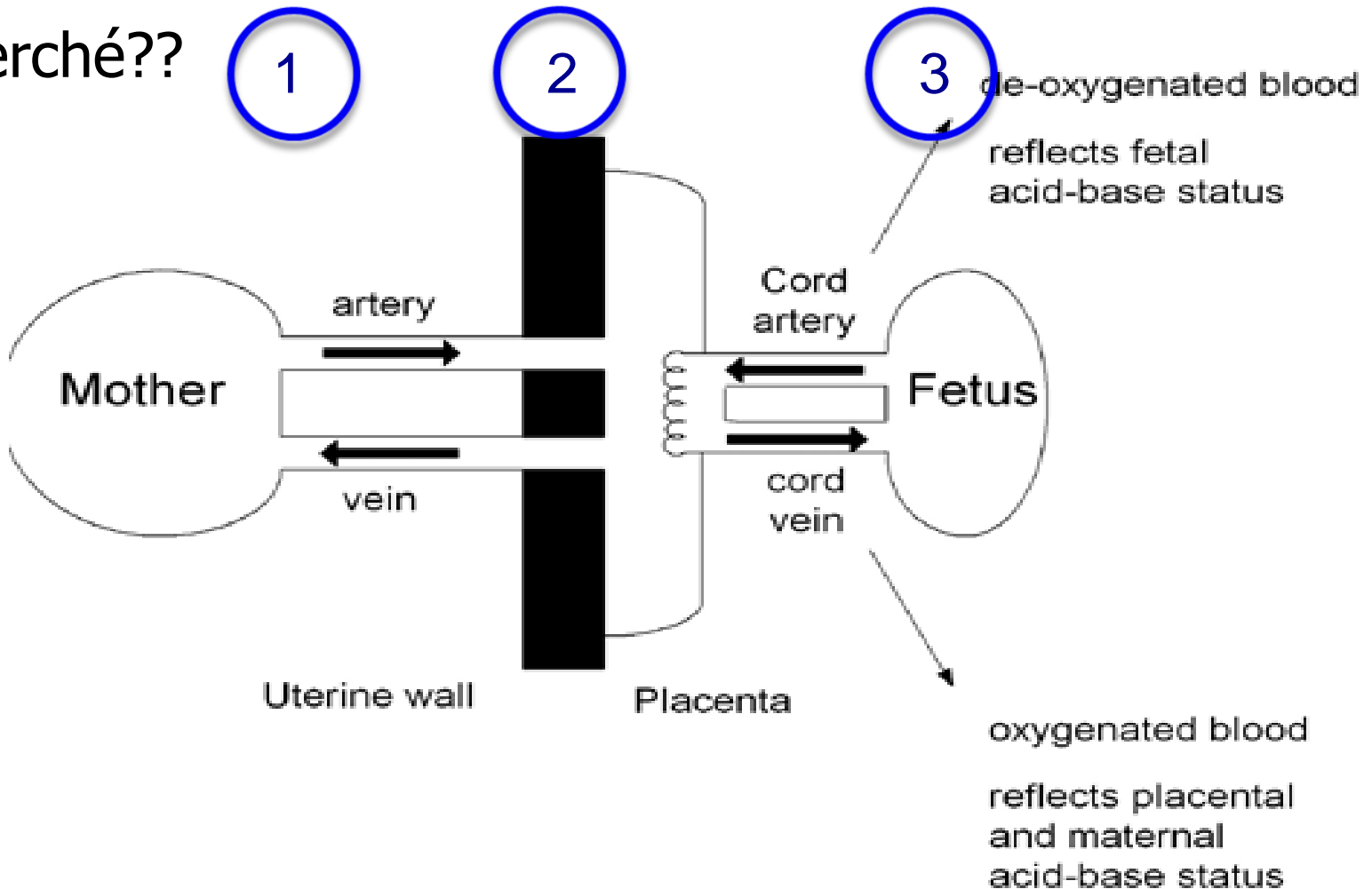
Unità Feto-Placentare

The Placenta and the Umbilical Cord



Criterion A: Cord blood Analysis

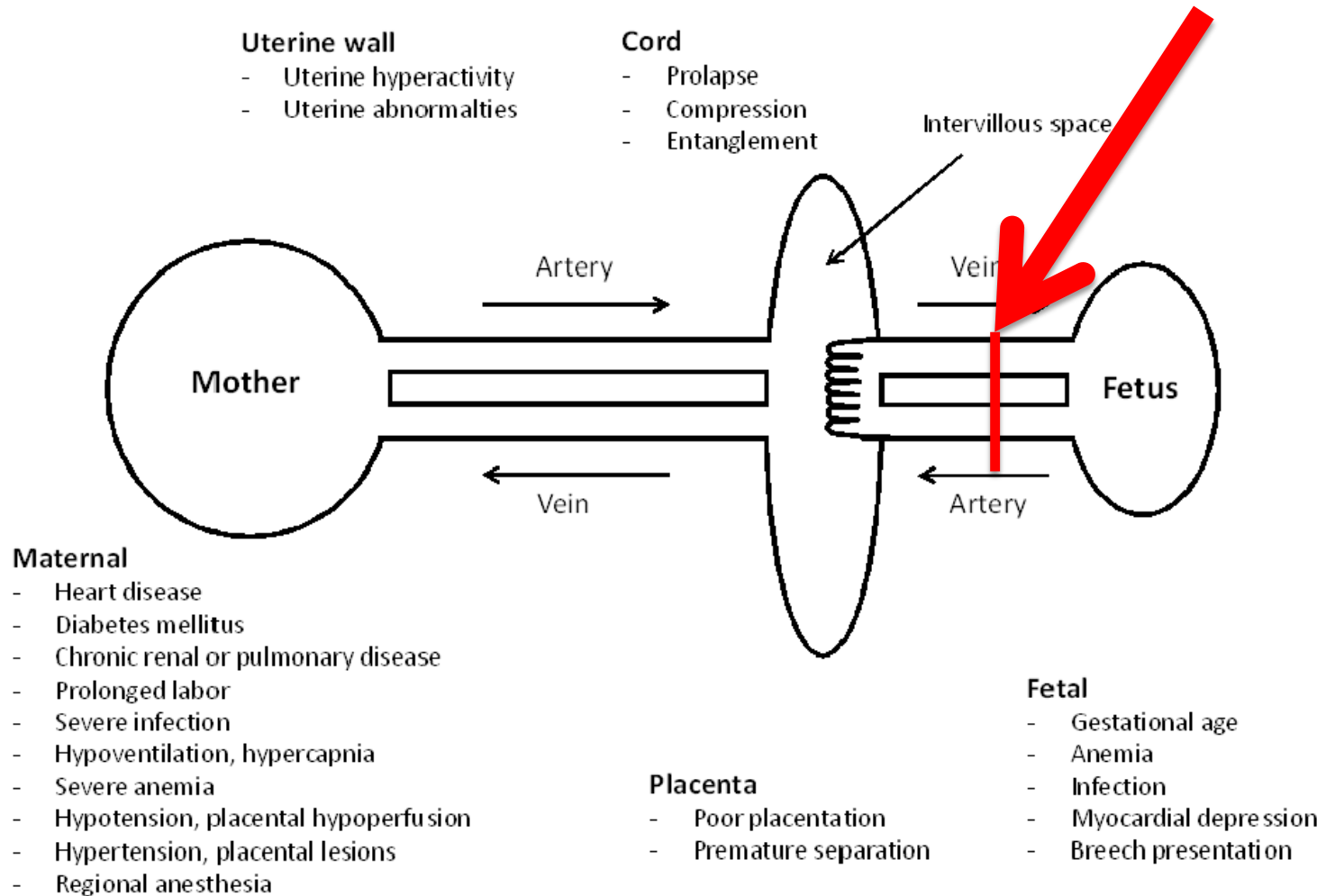
Perché??

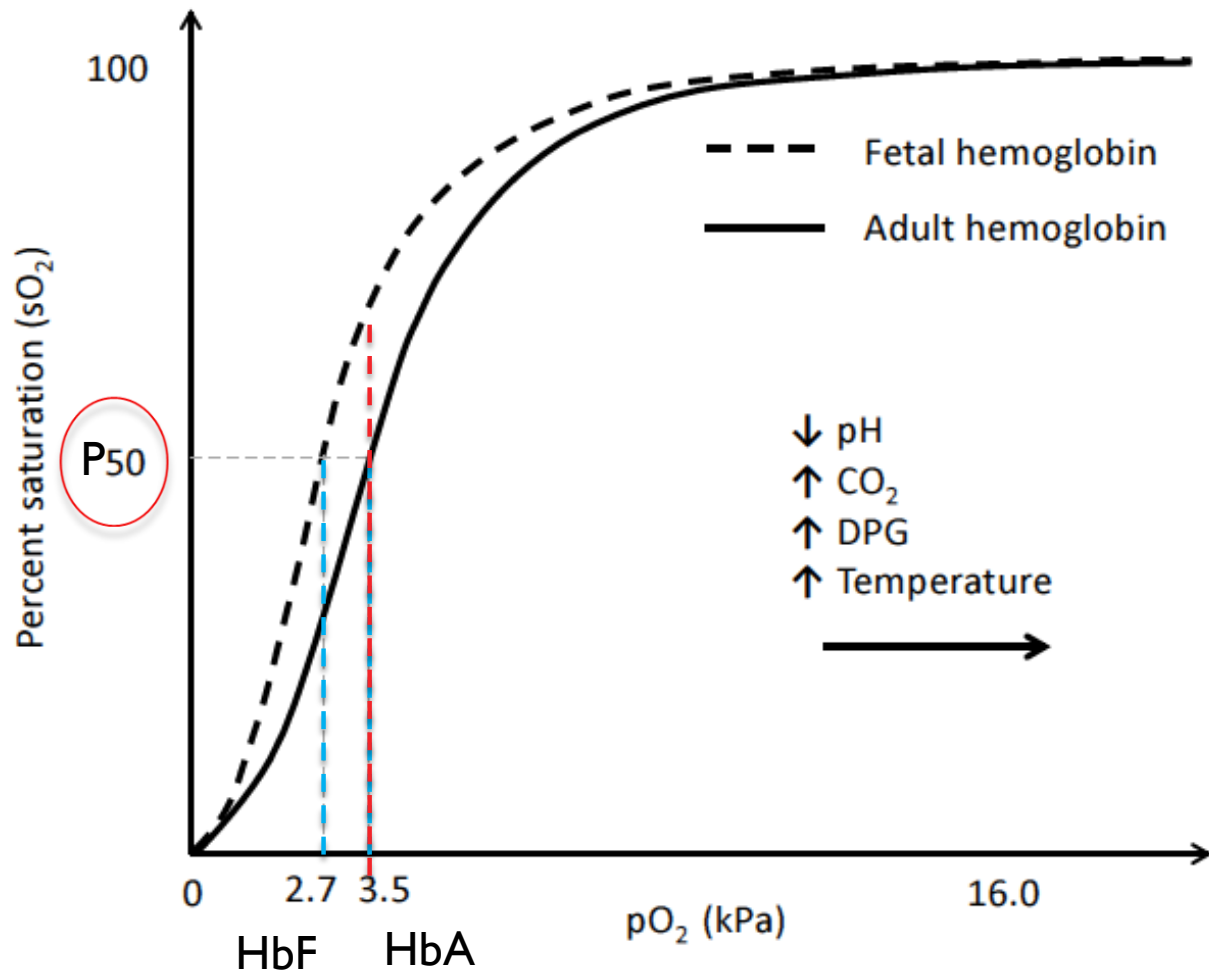




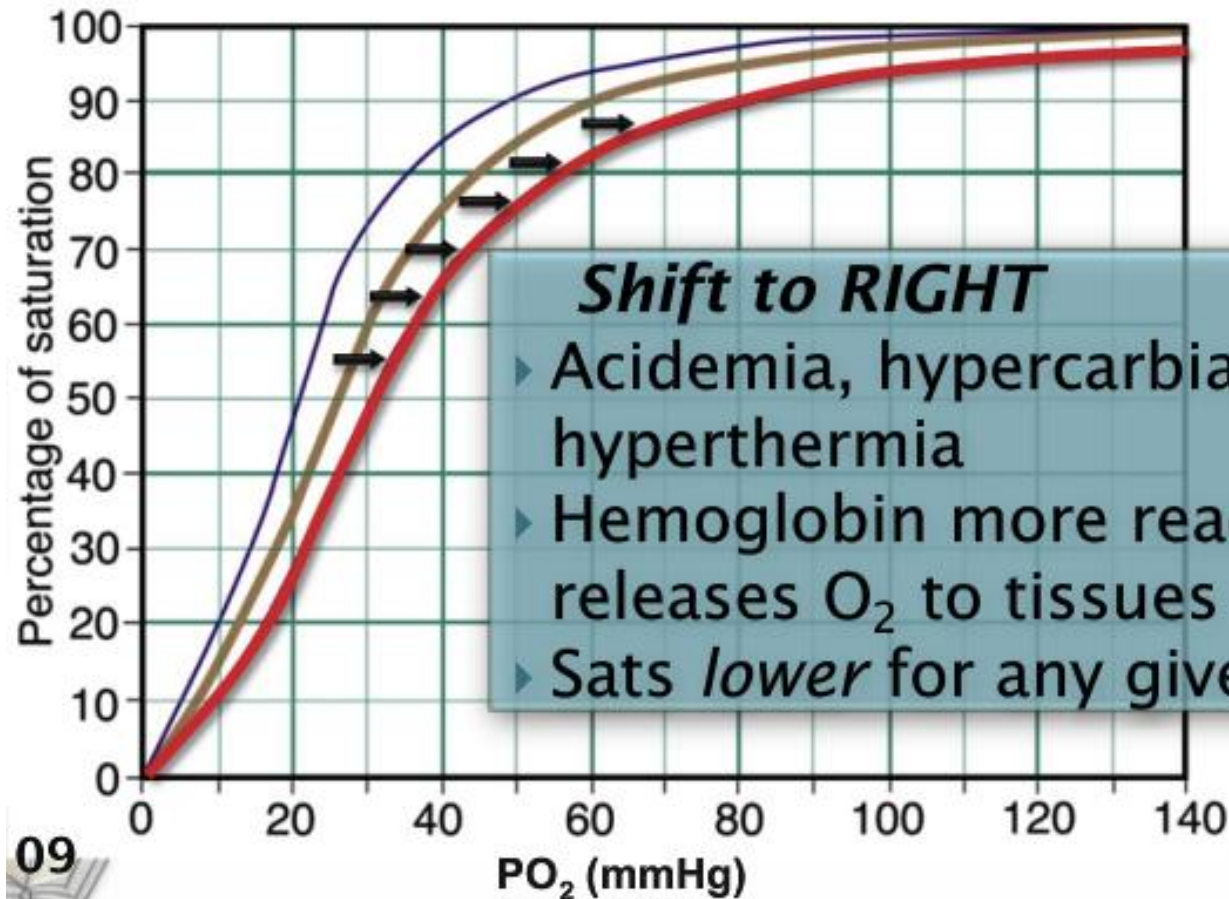
Cord Blood Analysis

Criterion A: Cord blood Analysis

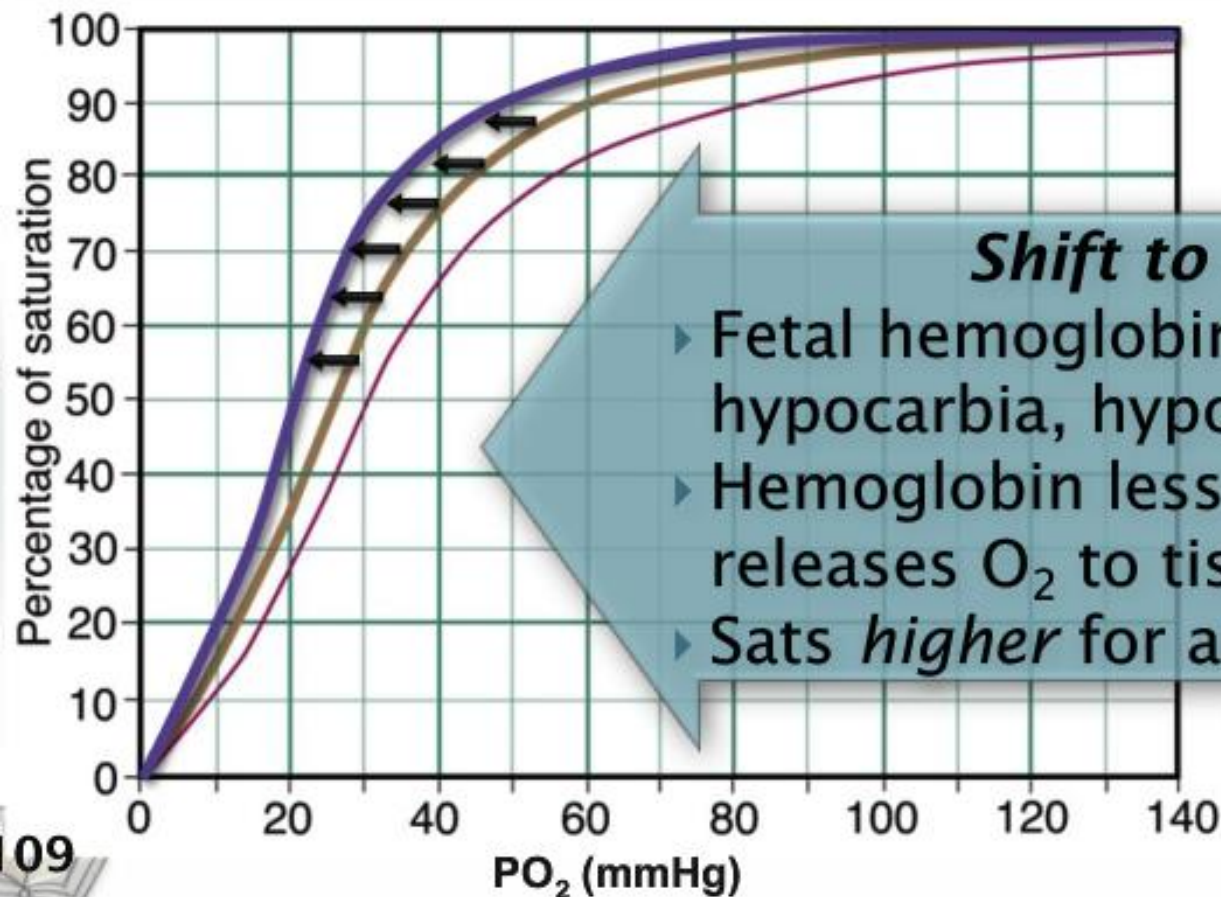




O_2 - Hemoglobin Dissociation Curve



O_2 - Hemoglobin Dissociation Curve



Shift to LEFT

- ▶ Fetal hemoglobin, alkalemia, hypocarbia, hypothermia
- ▶ Hemoglobin less easily releases O_2 to tissues
- ▶ Sats *higher* for any given PO_2

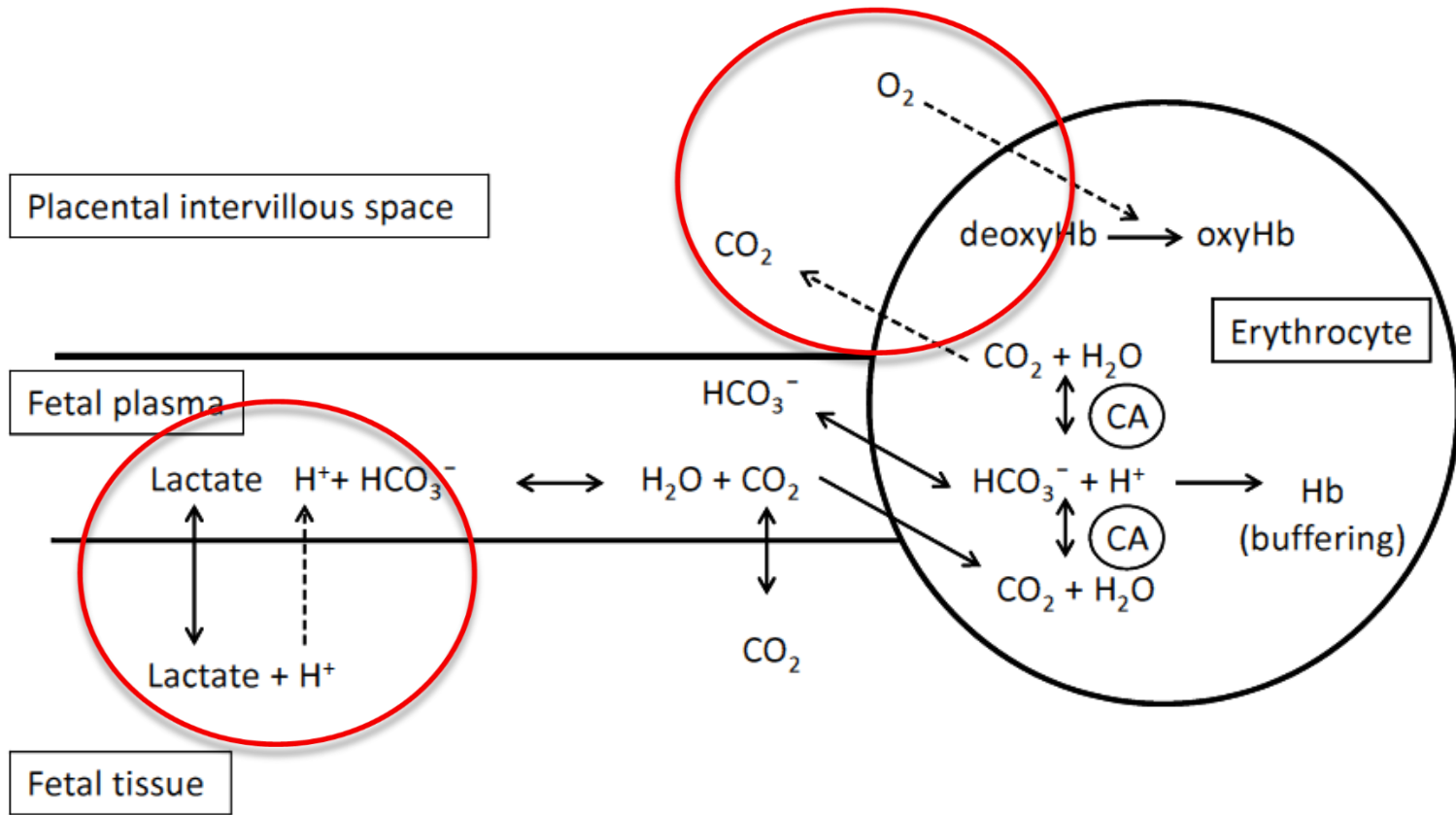


Figure 4. The main transport principles of CO_2 , O_2 , and H^+ in the feto-placental unit. CA denotes carbonic anhydrase. Modified from Despopoulos and Silbernagl (Despopoulos & Silbernagl, 1991).

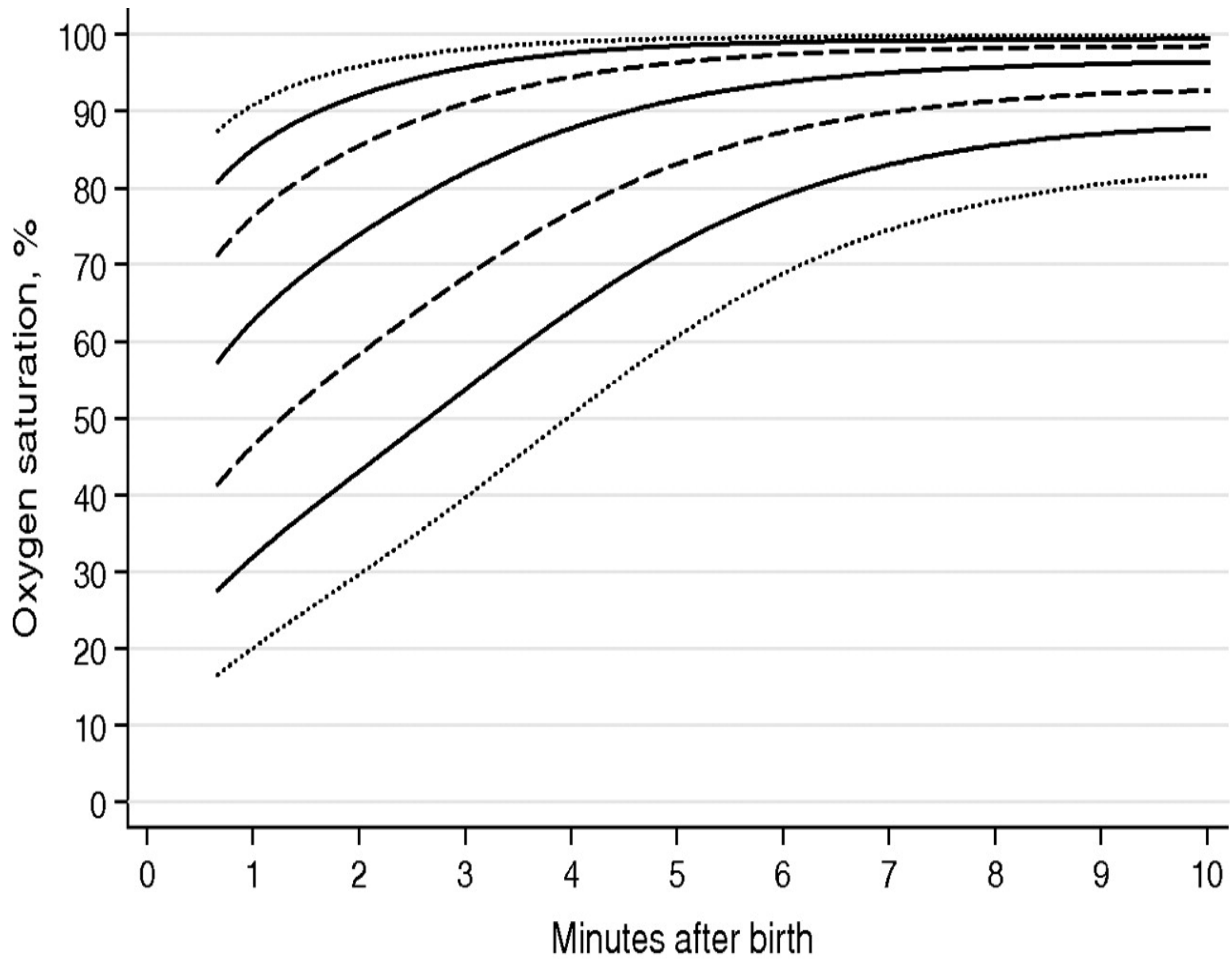
Criterion A: Cord blood Analysis

Quando?

Physicians should attempt to obtain **venous and arterial** cord blood samples in the following situations:

- ▶ Cesarean delivery for fetal compromise
- ▶ Low 5-minute Apgar score
- ▶ Severe growth restriction
- ▶ Abnormal fetal heart rate tracing
- ▶ Maternal thyroid disease
- ▶ Intrapartum fever
- ▶ Multifetal gestations

Dawson Pediatrics 2010

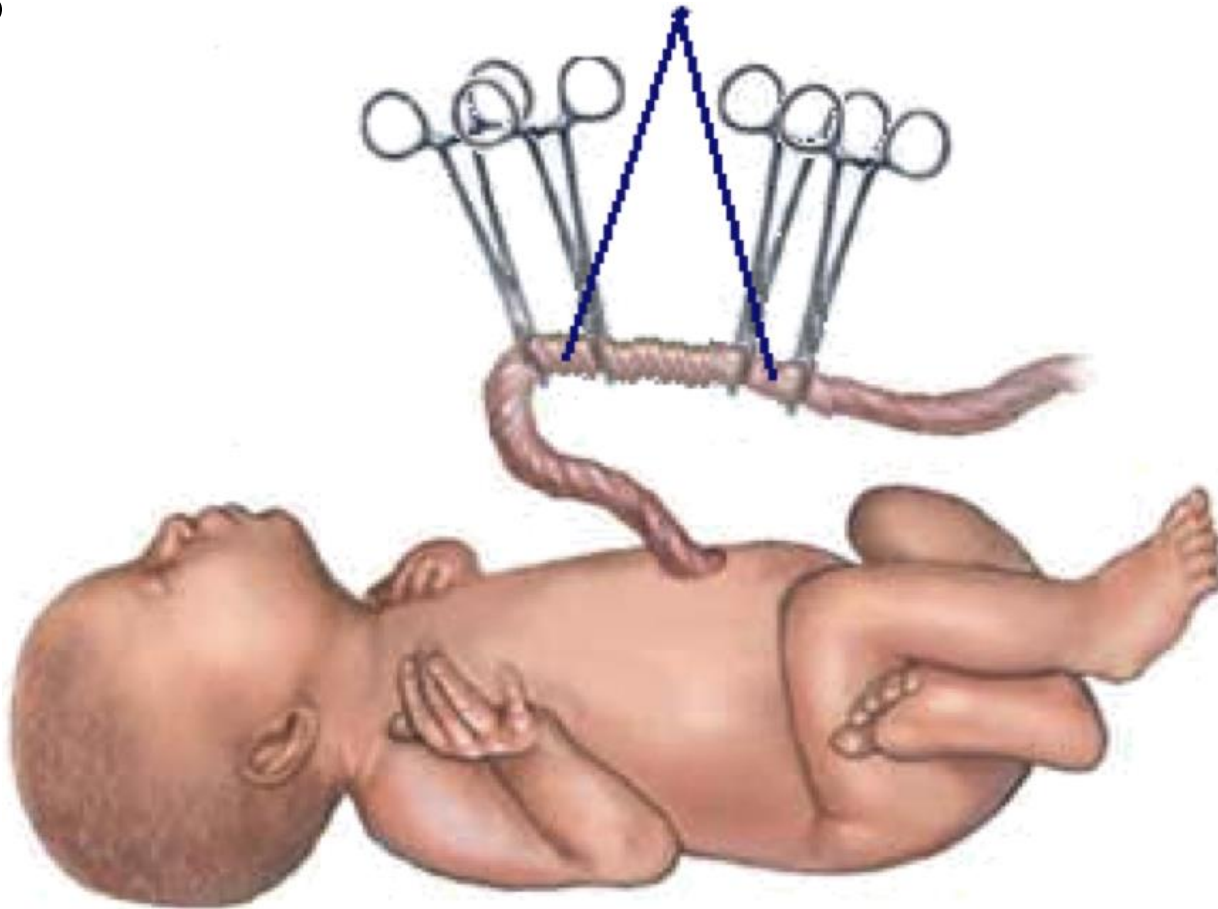


..... 3rd — 10th - - - 25th — 50th - - - 75th — 90th 97th



Criterion A: Cord blood Analysis

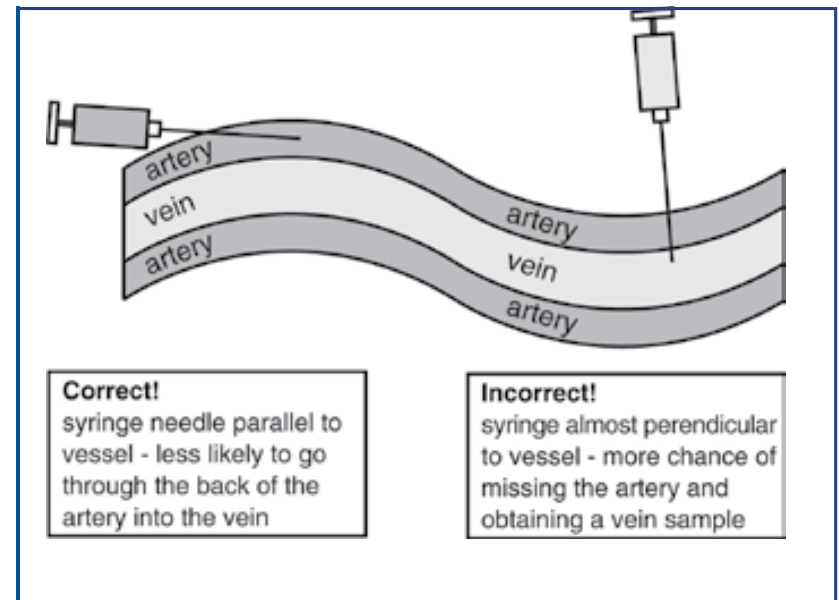
Come?



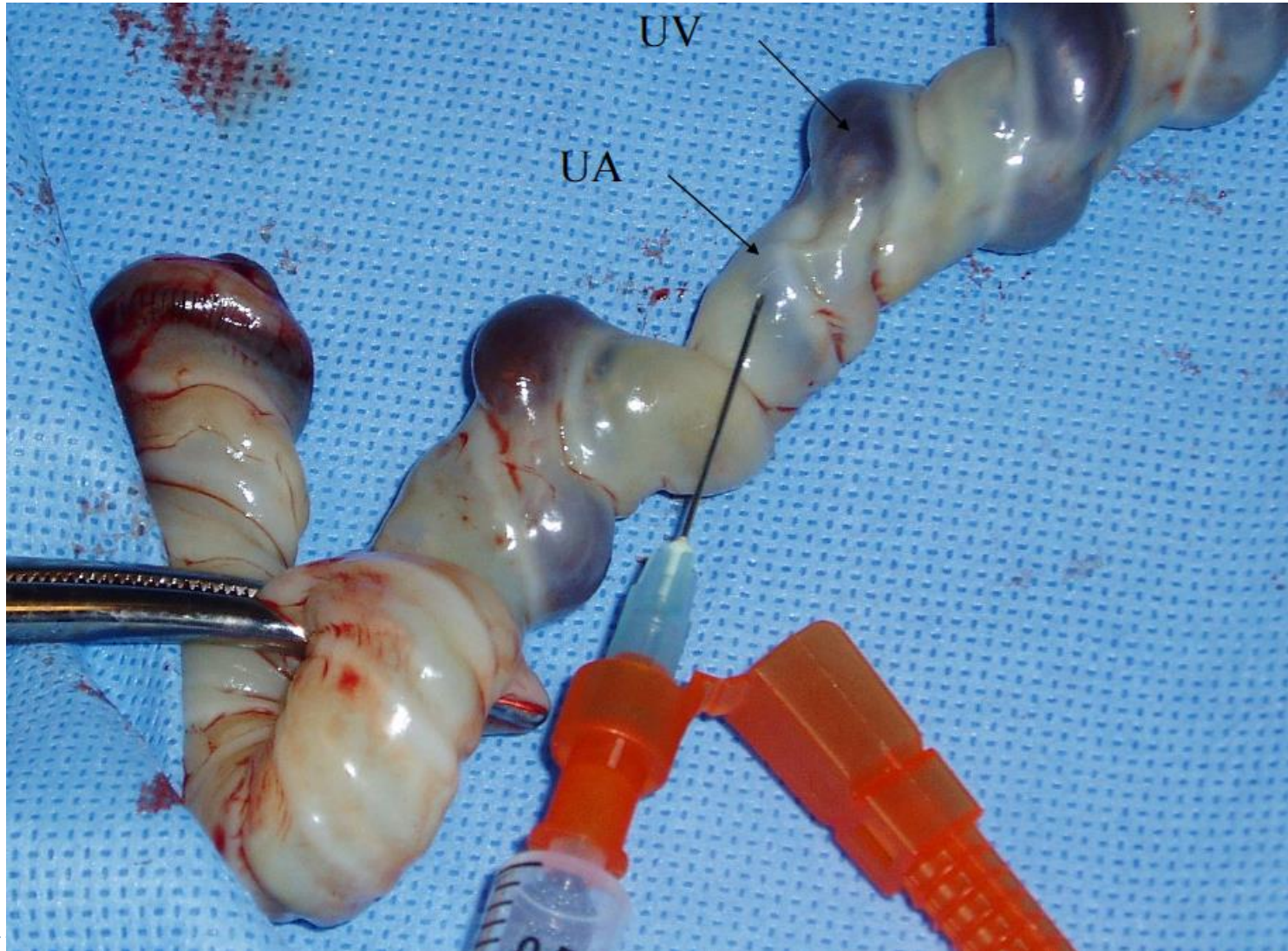
Criterion A: Cord blood Analysis

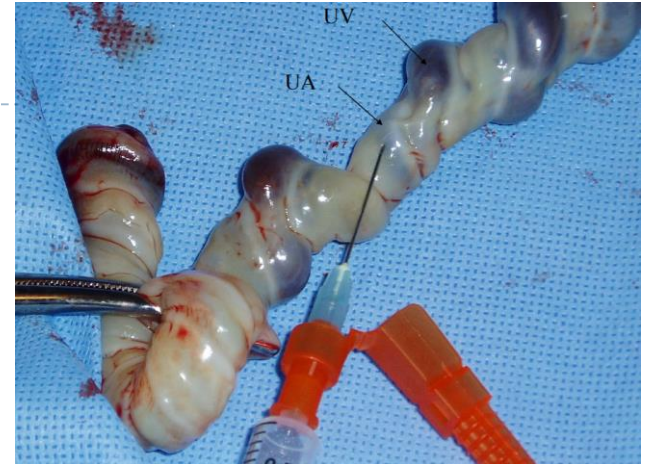
How should it be collected and stored?

- 10 to 20 cm section of cord double clamped and put on **ice**
- Assessed accurately up to 60min, pH fall 0.05 at 30 min, 0.087 at 60 min, and 0.112 at 90 min.
- Sample via cord artery, although “paired” venous sample recommended (artery < 0.09 venous)



Prima Arteria e poi Vena

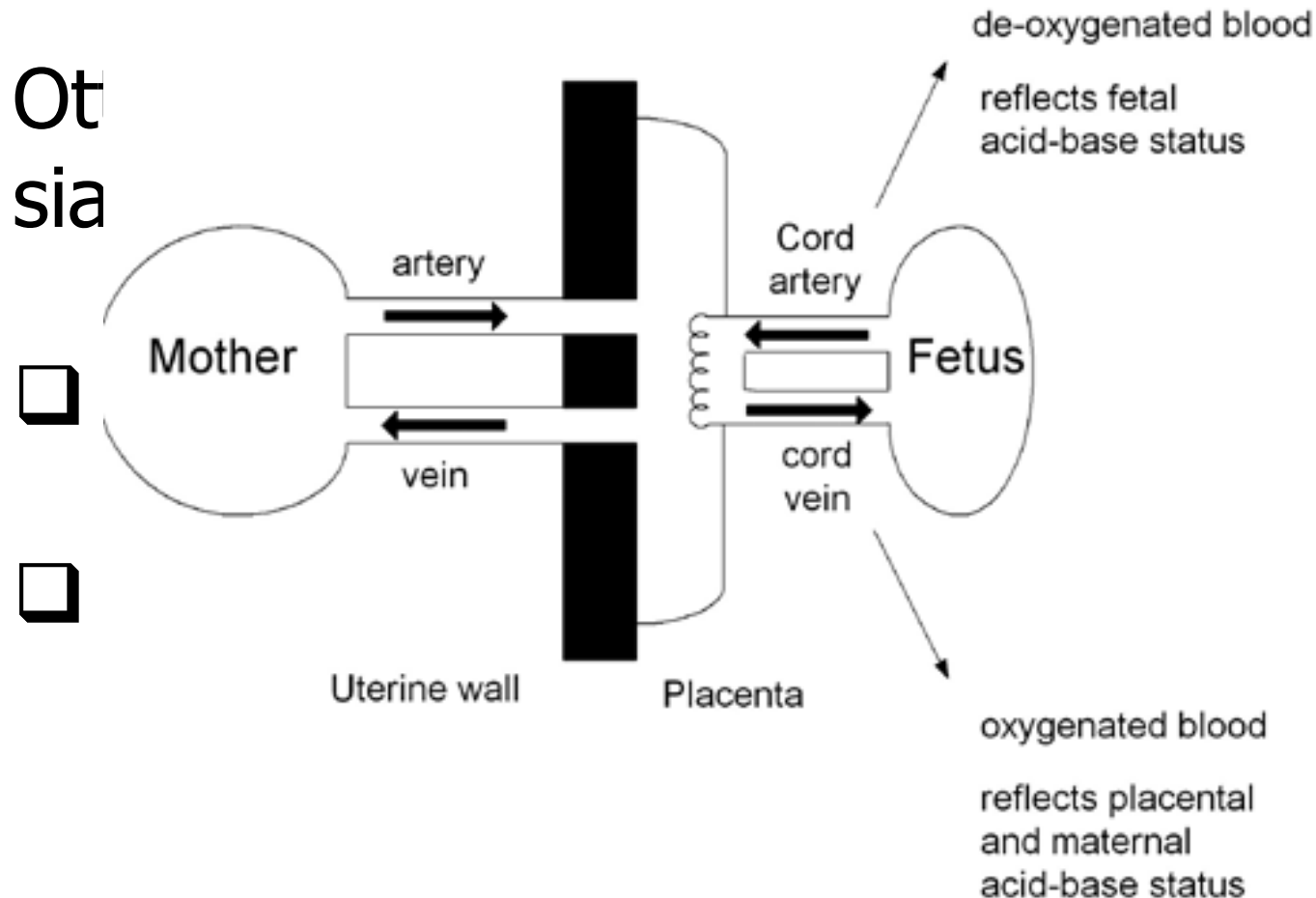




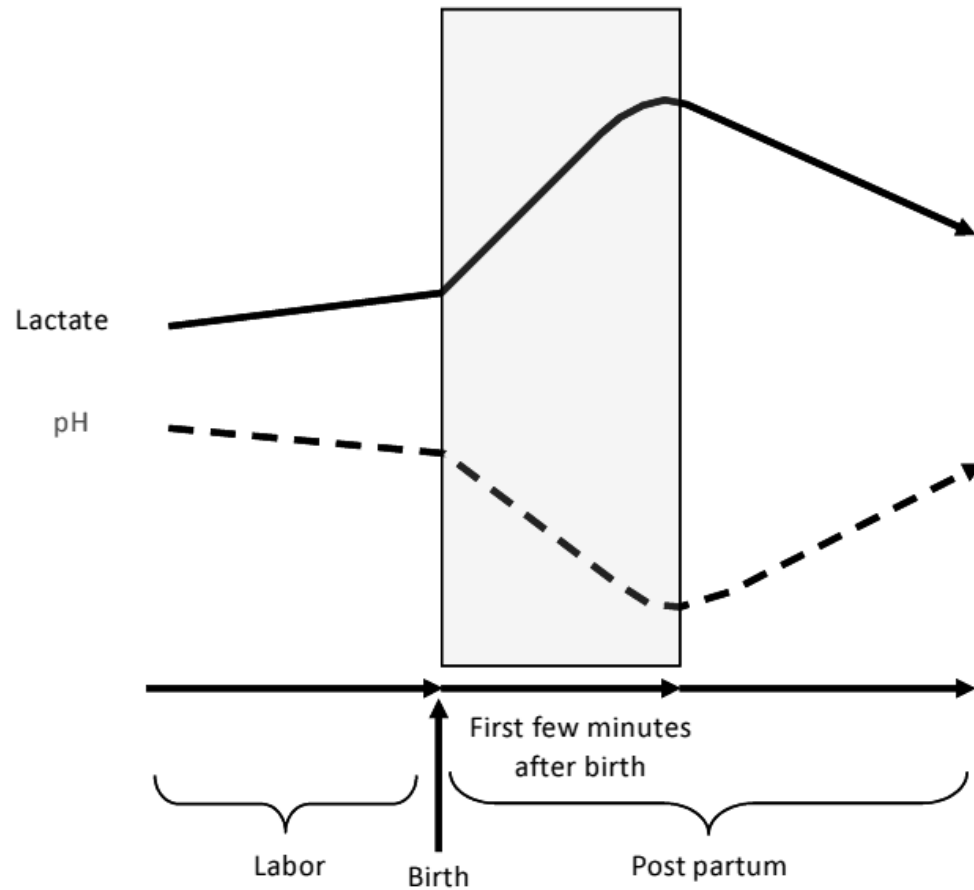
- ▶ Always draw two samples
- ▶ From different but closely adjacent blood vessels
- ▶ One inevitably will be the artery
- ▶ The big easy-to-draw-from vessel is always the vein
- ▶ The differences in PCO₂ (**always higher in the artery**) and pH (**always lower in the artery**) will indicate from which vessel the samples were obtained, regardless of how the sample may be erroneously labeled



Criterion A: Cord blood Analysis



PITFALLS IN INTERPRETING UMBILICAL CORD BLOOD GASES AND LACTATE AT BIRTH



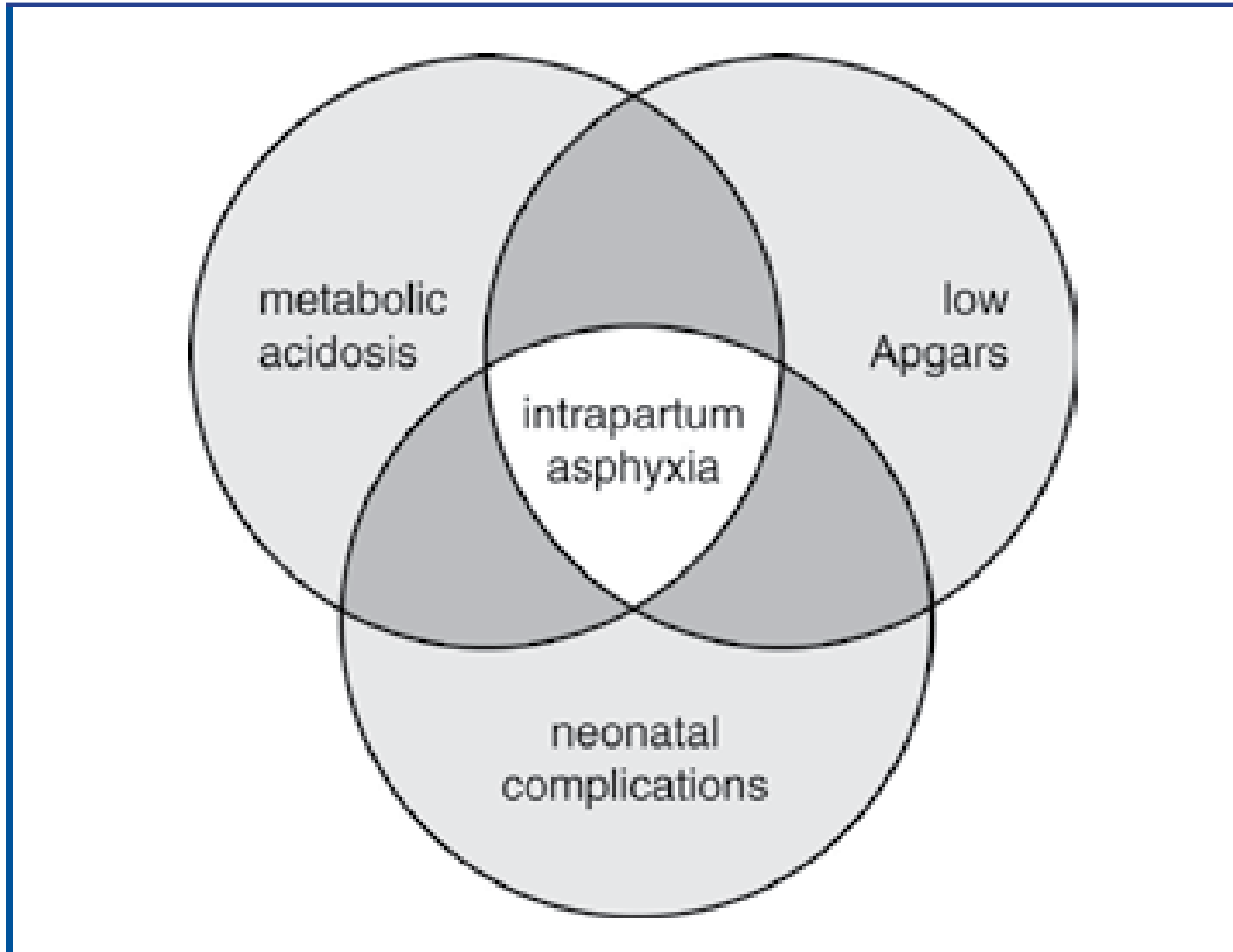
Hidden acidosis

Criterion A: Cord blood Analysis

Cosa guardare?

- pH
- pCO₂
- pO₂
- BE
- Lattato

Valori normali??



Reference range for umbilical artery blood gas values in preterm newborns

Umbilical arterial blood	Mean	5th to 95th percentile
pH	7.28	7.14 to 7.4
PCO ₂ (mmHg)	50.2	32 to 69.2
HCO ₃ (mEq/L)	22.4	16 to 27.1
Base excess (mEq/L)	-2.5	-7.6 to 1.3

Values represent findings from umbilical artery cord blood analysis after vaginal delivery of 1015 unselected preterm infants delivered at Shands Hospital, University of Florida, 1992-1993.

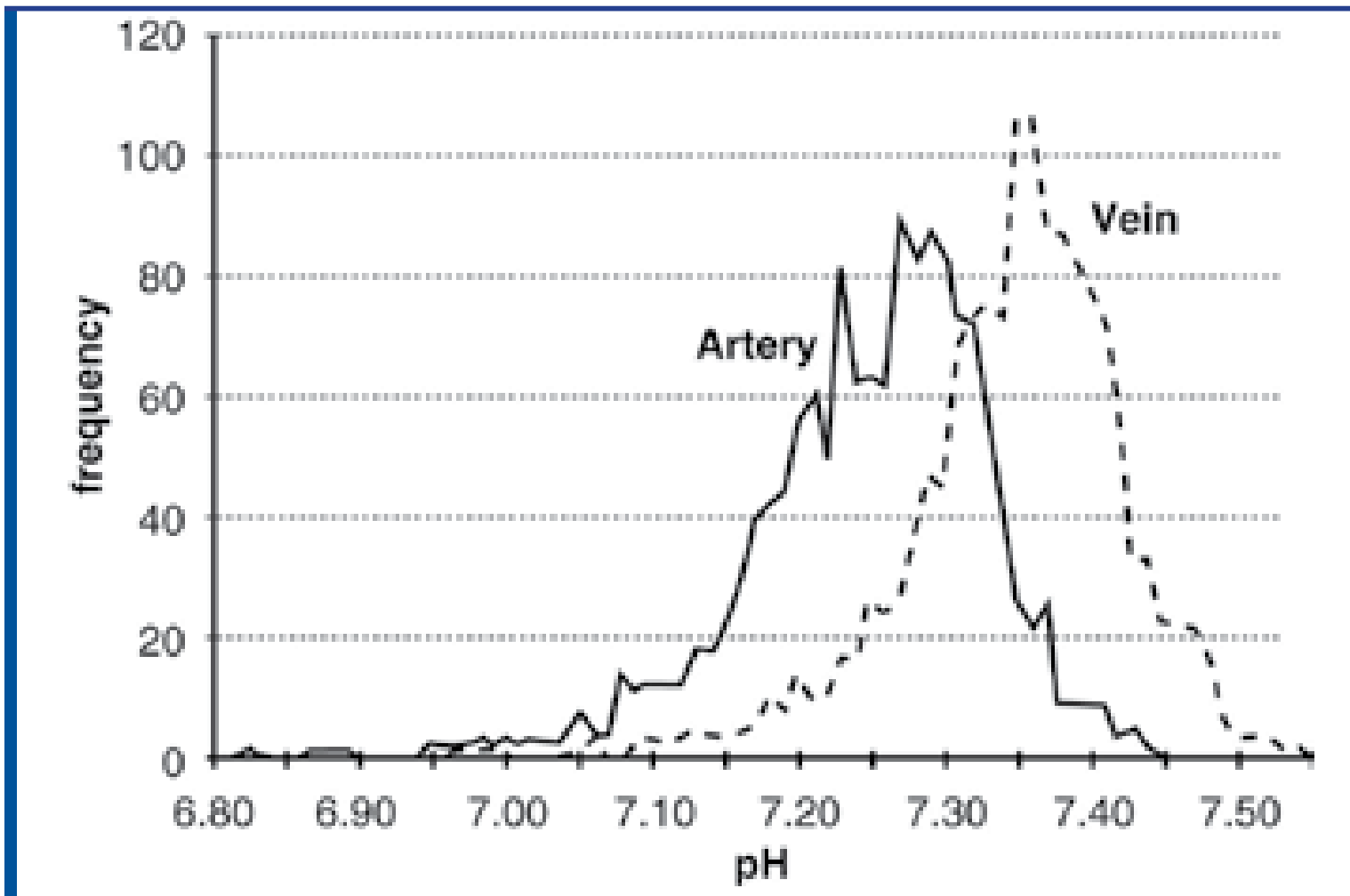
Data from: Riley RJ, Johnson JWC. Collecting and analyzing cord blood gases. Clin Obstet Gynecol 1993; 36:13.

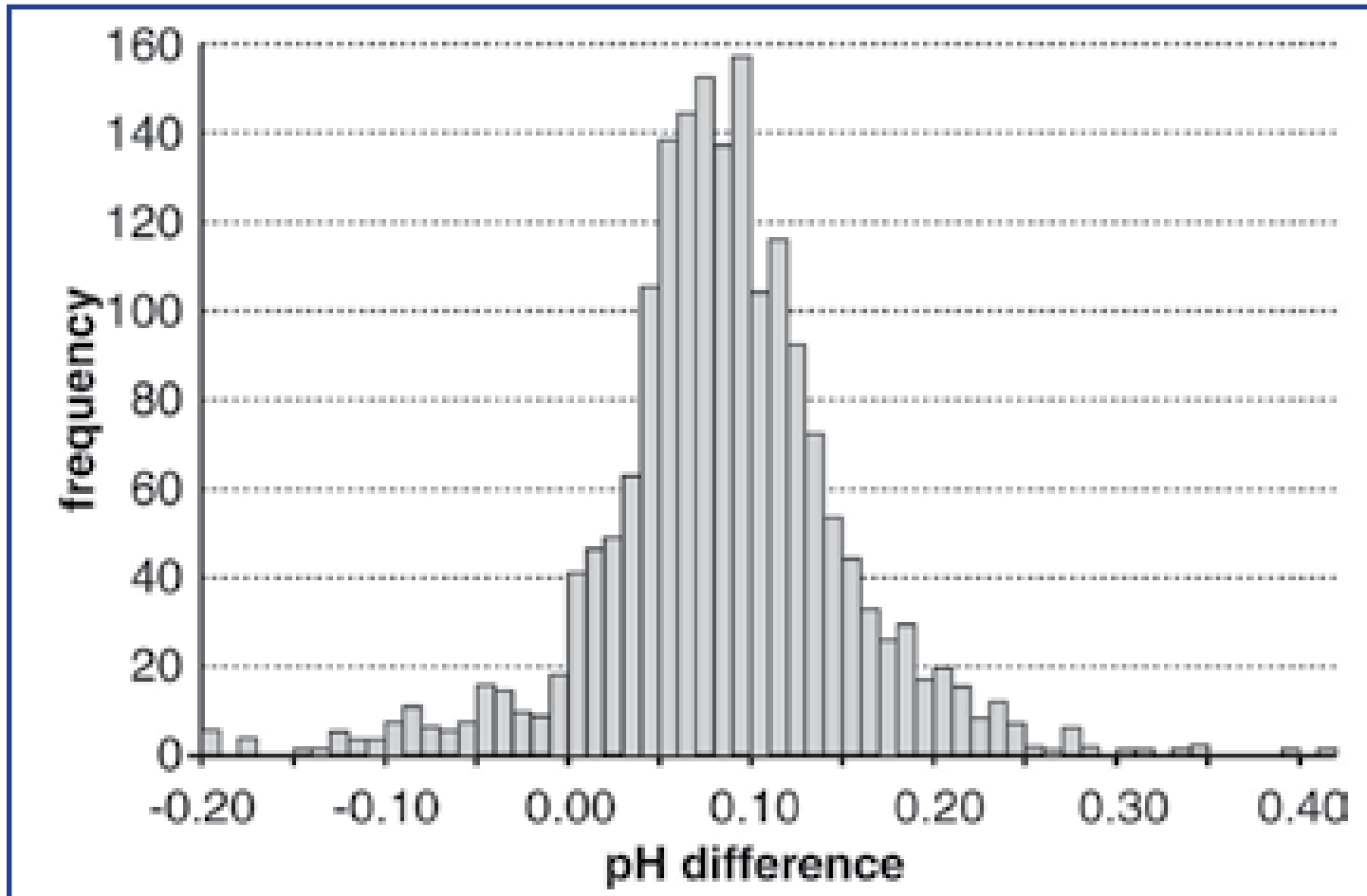
Reference range for umbilical artery blood gas values in term newborns

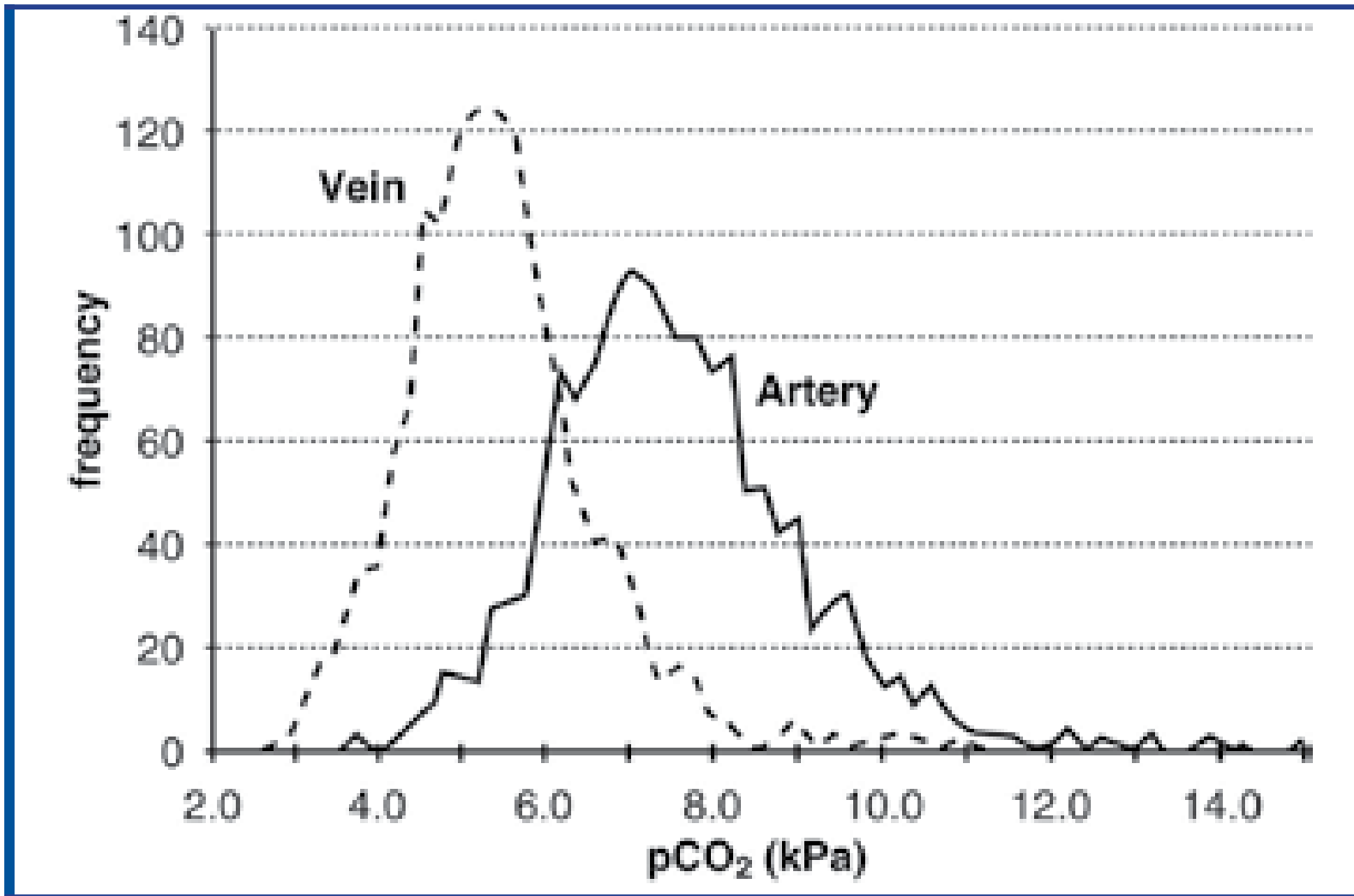
Umbilical arterial blood	Mean	5th to 95th percentile
pH	7.27	7.15 to 7.38
PCO ₂ (mmHg)	50.3	32 to 68
HCO ₃ (mEq/L)	22	15.4 to 26.8
Base excess (mEq/L)	-2.7	-8.1 to 0.9

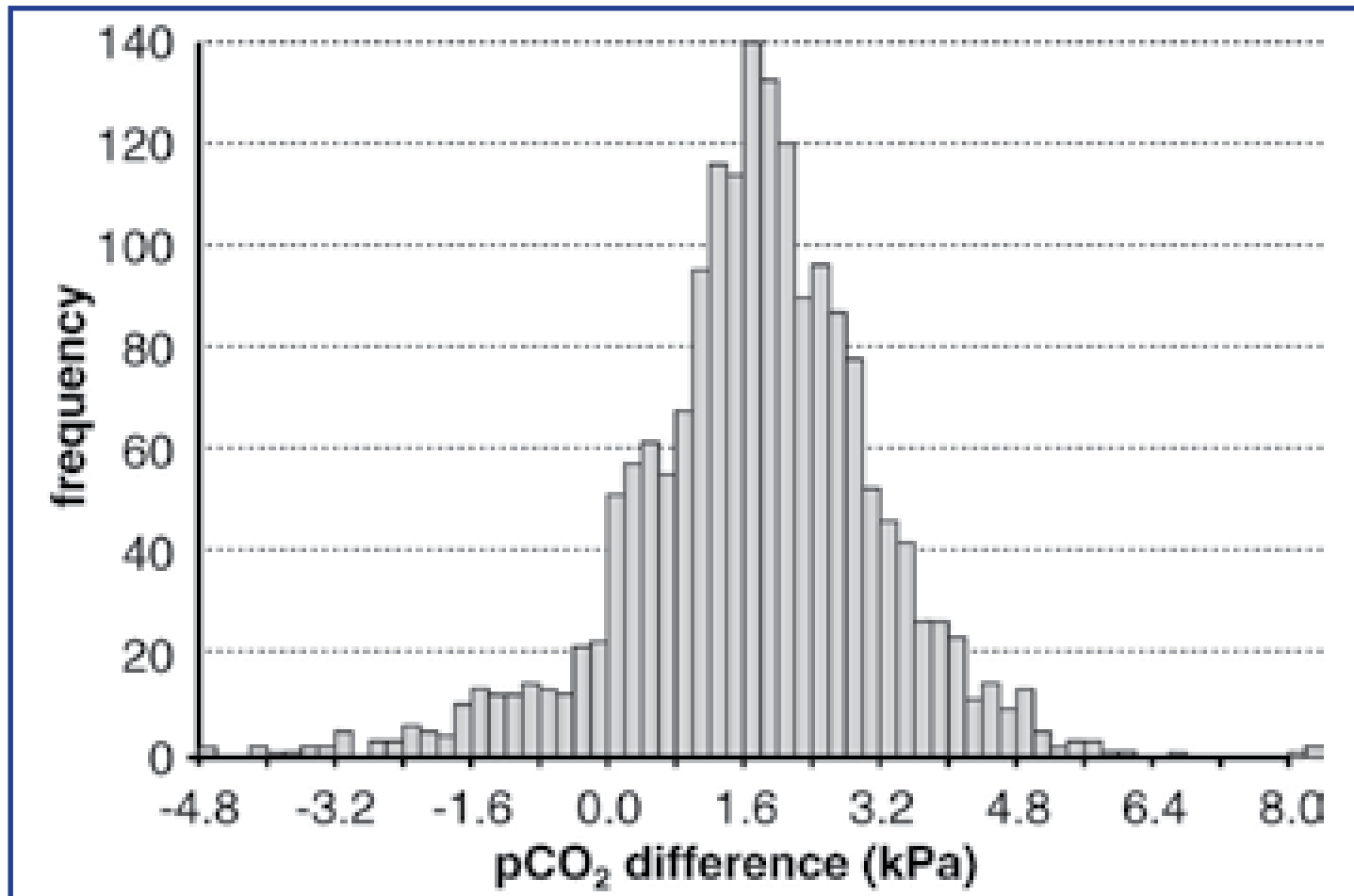
Values represent findings from umbilical artery cord blood analysis after vaginal delivery of 3522 unselected term infants delivered at Shands Hospital, University of Florida, 1992-1993.

Data from: Riley RJ, Johnson JWC. Collecting and analyzing cord blood gases. Clin Obstet Gynecol 1993; 36:13.

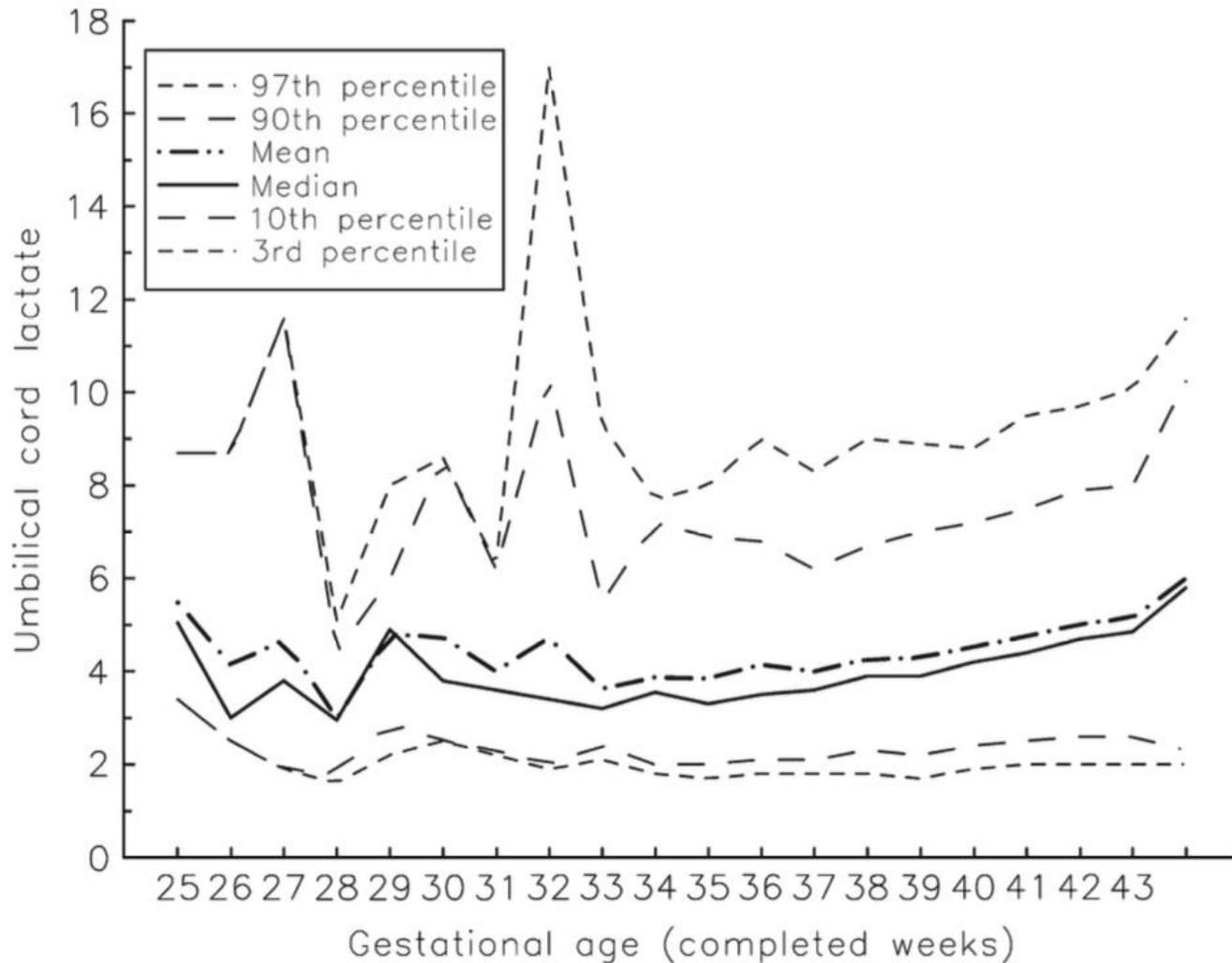








Lactate concentration in umbilical cord blood is gestational age-dependent: a population-based study of 17 867 newborns



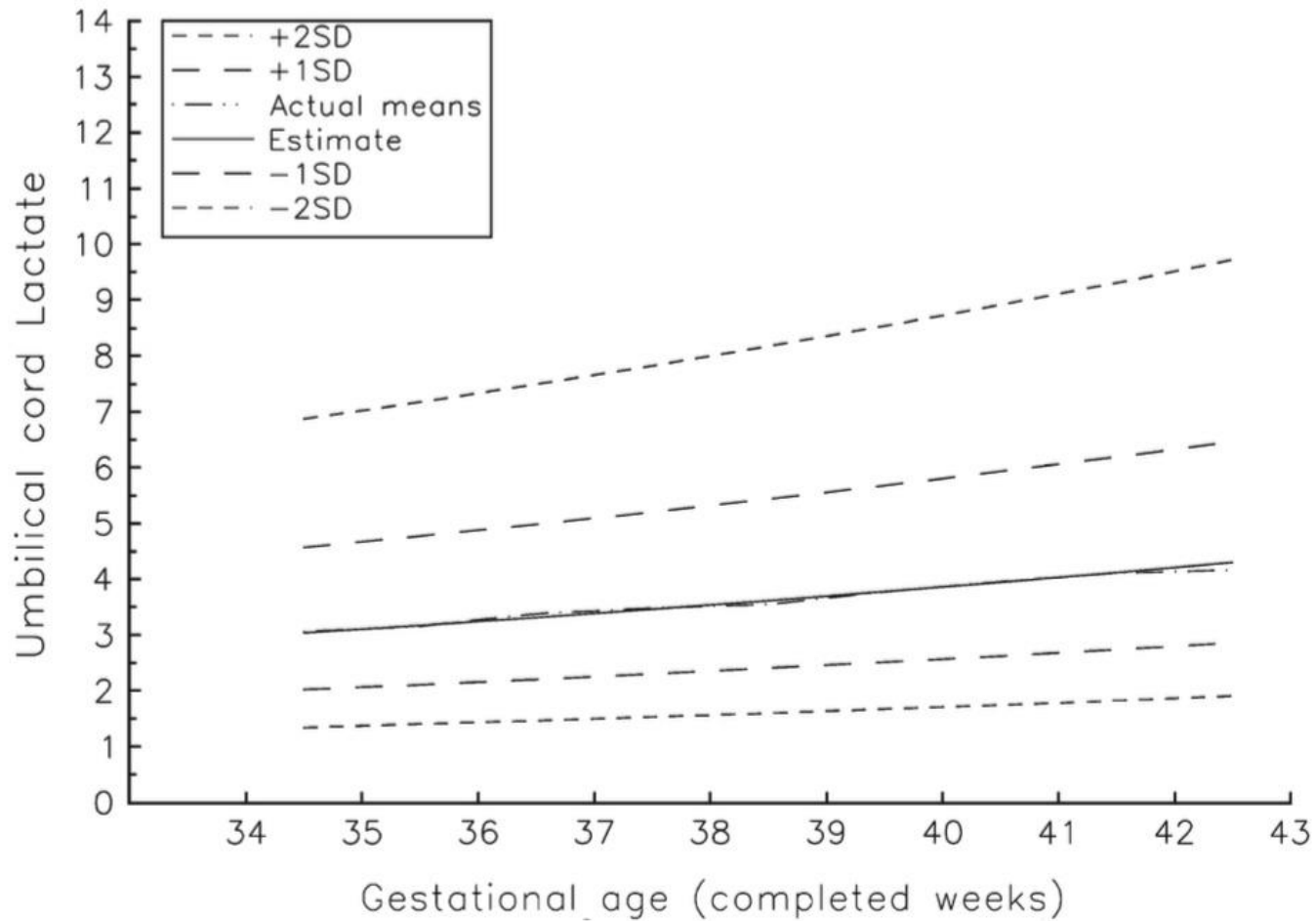
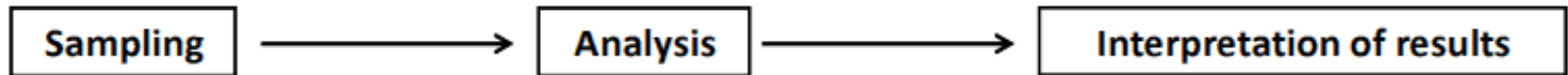


Figure 3. Reference values for umbilical cord venous plasma lactate

Interpretazione: fattori di errore

- Prolonged storage

- *Algorithm and fluid compartment for BD calculation*



- *Delayed sampling*
- Venous , arterial or mixed sample
- Same vessel twice
- Incorrect labeling

- Incorrect input information
- Air bubbles
- Inhomogenous sample
- Coagulation
- Hemolysis
- Measurement imprecision

- *Arterio-venous gradient*
- *Decimal rounding and further calculations*

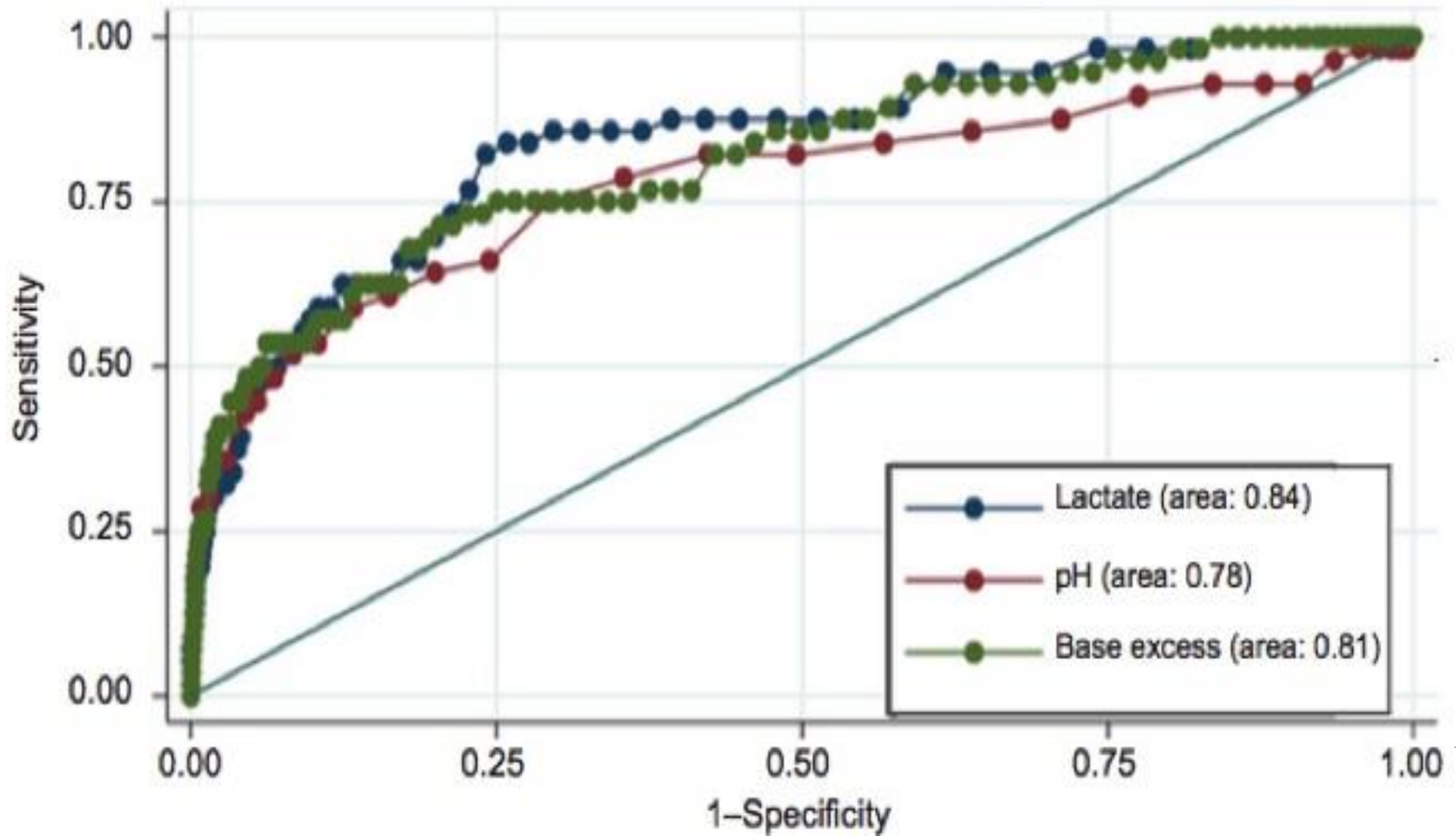


Ipossia ??

		Predicted condition	
		Predicted Condition positive	Predicted Condition negative
True condition	condition positive	True positive	False Negative (Type II error)
	condition negative	False Positive (Type I error)	True negative
Accuracy (ACC) = $\frac{\Sigma \text{ True positive} + \Sigma \text{ True negative}}{\Sigma \text{ Total population}}$		Positive predictive value (PPV), Precision = $\frac{\Sigma \text{ True positive}}{\Sigma \text{ Test outcome positive}}$	False omission rate (FOR) = $\frac{\Sigma \text{ False negative}}{\Sigma \text{ Test outcome negative}}$
		False discovery rate (FDR) = $\frac{\Sigma \text{ False positive}}{\Sigma \text{ Test outcome positive}}$	Negative predictive value (NPV) = $\frac{\Sigma \text{ True negative}}{\Sigma \text{ Test outcome negative}}$



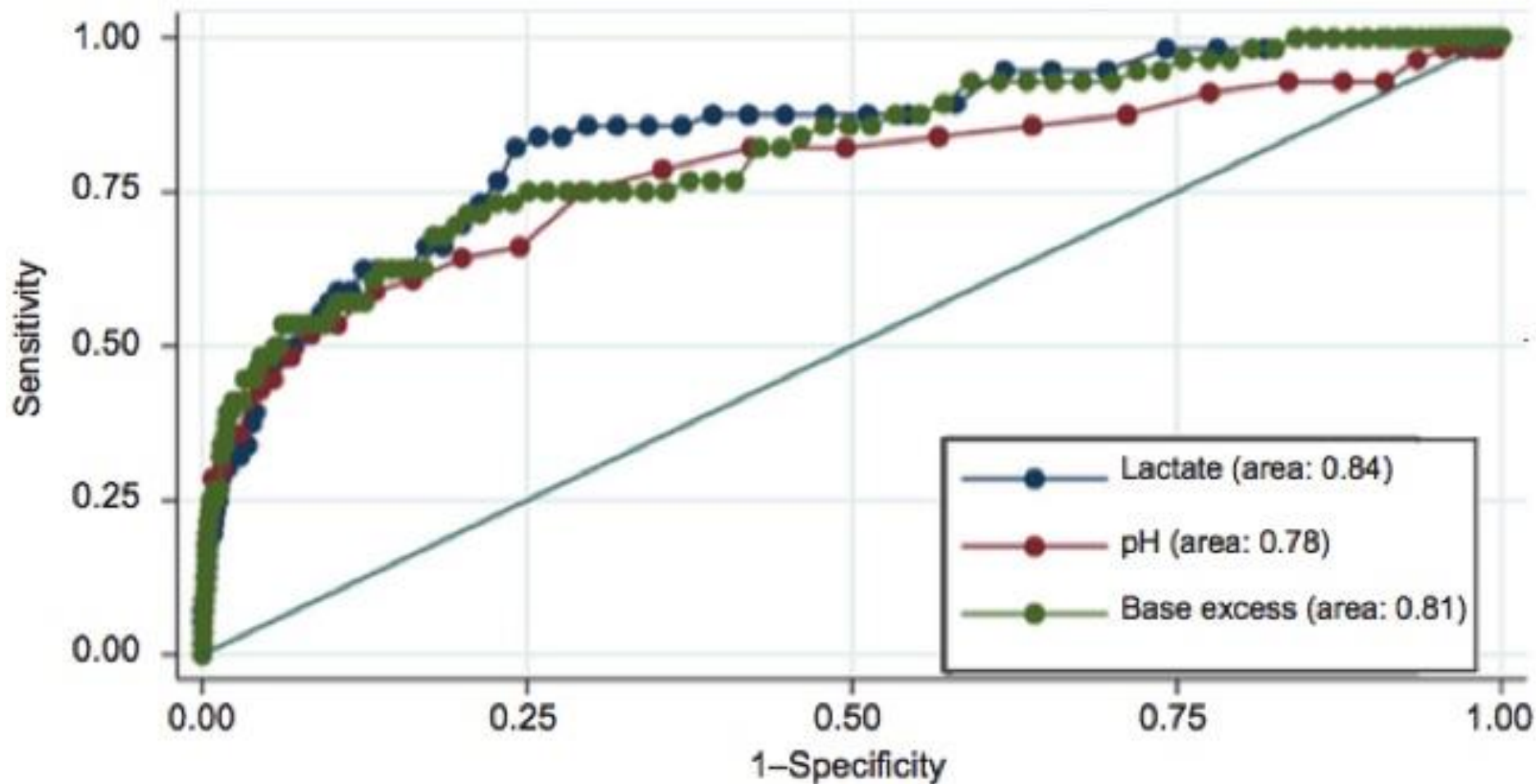
Umbilical Cord Arterial Lactate Compared With pH for Predicting Neonatal Morbidity at Term



Umbilical Cord Venous Lactate for Predicting Arterial Lactic Acidemia and Neonatal Morbidity at Term

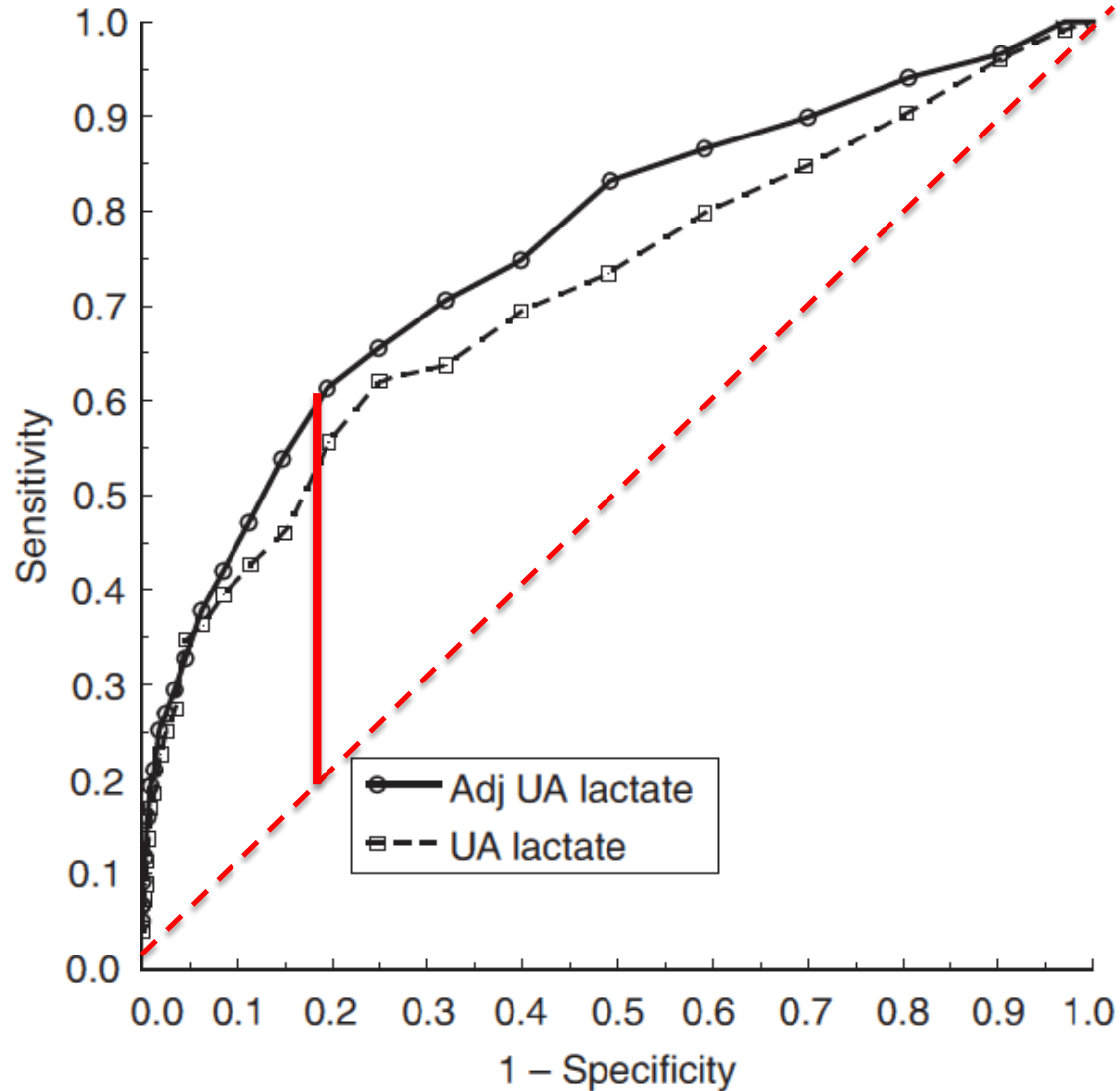
Obstet Gynecol 2016;127:674–80

1



Relation between umbilical cord blood pH, base deficit, lactate, 5-minute Apgar score and development of hypoxic ischemic encephalopathy

NANA WIBERG



Umbilical Cord Blood Gas and Lactate Levels as a Marker of Birth Asphyxia in Neonates with Particular Reference to Resource Limited Countries

- ▶ There is enough evidence to suggest ***that lactate is a better parameter for determining fetal compromise in the perinatal period.***
- ▶ Its relative ease of sampling from umbilical cord and totally fetal origin makes it a useful tool to prediction of birth asphyxia in neonates.
- ▶ cord blood gas analysis with arterial cord lactate levels is the gold standard assessment of utero-placental function and fetal oxygenation/acid-base status at birth.

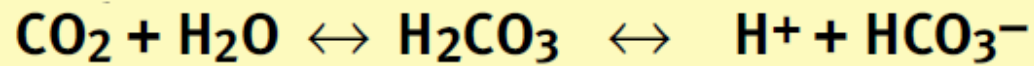
LIMITATIONS — Fetal blood gas analysis has some limitations that should be considered when interpreting results.

- ▶ **The cord blood pH** value alone does not distinguish between a primary fetal or placental disorder.
- ▶ Considering **maternal health status** and each blood gas value can help define the primary pathologic process.
- ▶ **Fetal pH and blood gases** do not necessarily reflect asphyxial events that occurred remote from delivery or localized ischemia and infarction.
- ▶ **pH, base deficit, and lactate levels** are only metabolic surrogate markers for key clinical outcomes, including neonatal morbidity, neonatal mortality, and long-term neurodevelopment.

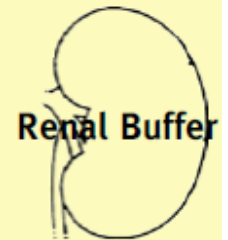


Neonato

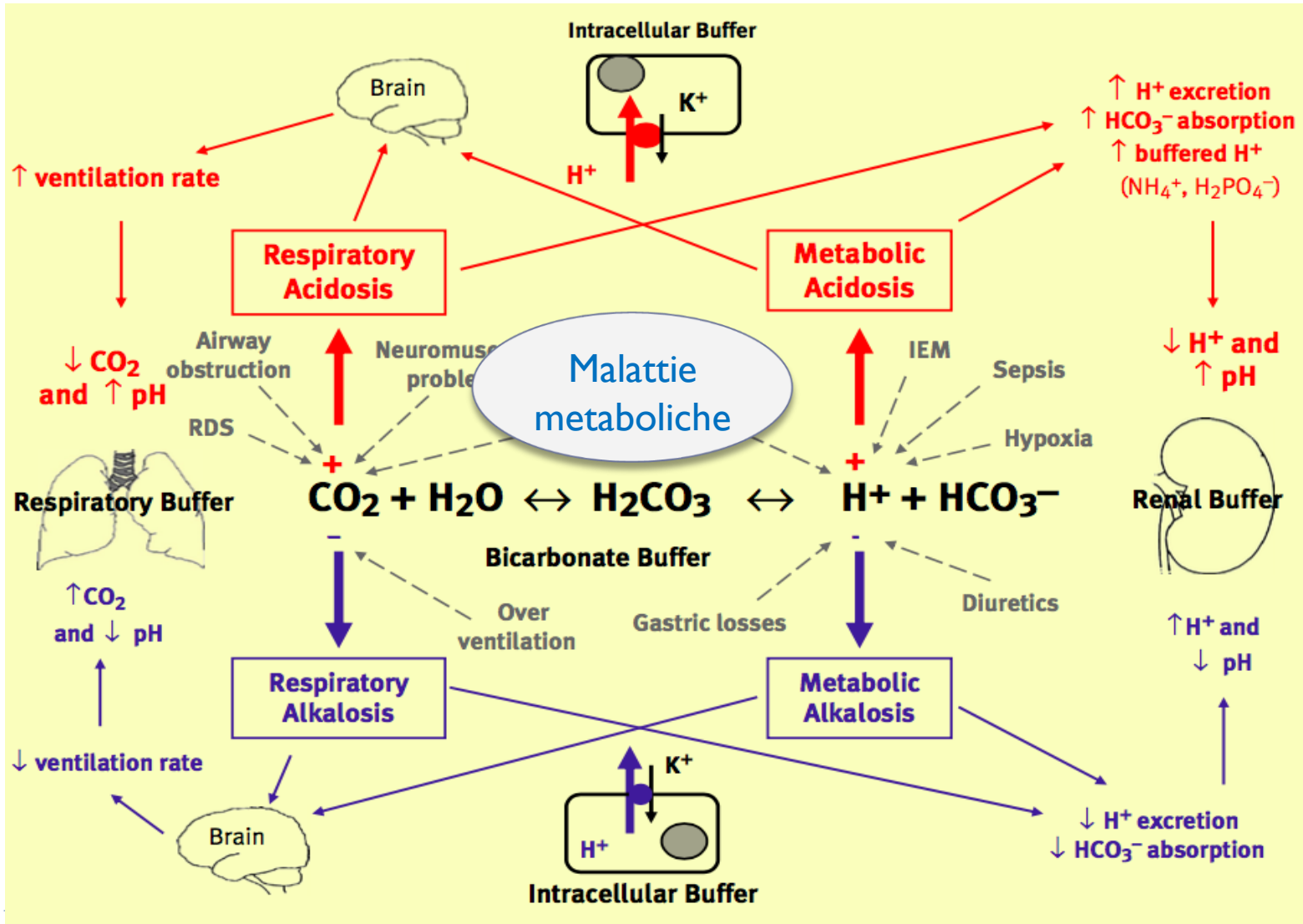
Neonato



Bicarbonate Buffer



Neonato



Take Home Messages

Nel Neonato

Equilibrio Acido base è spesso la punta dell'iceberg e/o elemento di allerta per :

- ▶ Patologie perinatali (ipossia)
- ▶ Patologie acute (respiratorie, metaboliche ecc)
- ▶ Patologie più tardive (infezioni ecc)



Fortunatamente la maggior parte



Grazie e





Stabilizzazione e trasporto

- ▶ Nuovo nato a rischio per Ipotermia???
- ▶ Assistenza in sala parto (NALS)
- ▶ Stabilizzazione ➡ S.T.A.B.L.E
- ▶ Ipotermia passiva ?
- ▶ Contatto Centro riferimento
- ▶ Modalità di Trasporto



Stabilizzazione e trasporto

- ▶ Fattori di rischio presenti?
- ▶ Come è il nuovo nato?
- ▶ Potrebbe essere candidato all'Ipotermia?
- ▶ Check-list cose da fare:
 - ▶ Temperatura
 - ▶ Monitoraggio assistenza in sala parto
 - ▶ Stabilizzazione
 - ▶ Preparazione al trasporto
 - ▶ Attuazione del trasporto

Stabilizzazione e trasporto

THE S.T.A.B.L.E. Philosophy *Program*

All hospitals need to prepare for resuscitation, stabilization and transport of sick and/or preterm infants



Stabilizzazione e trasporto

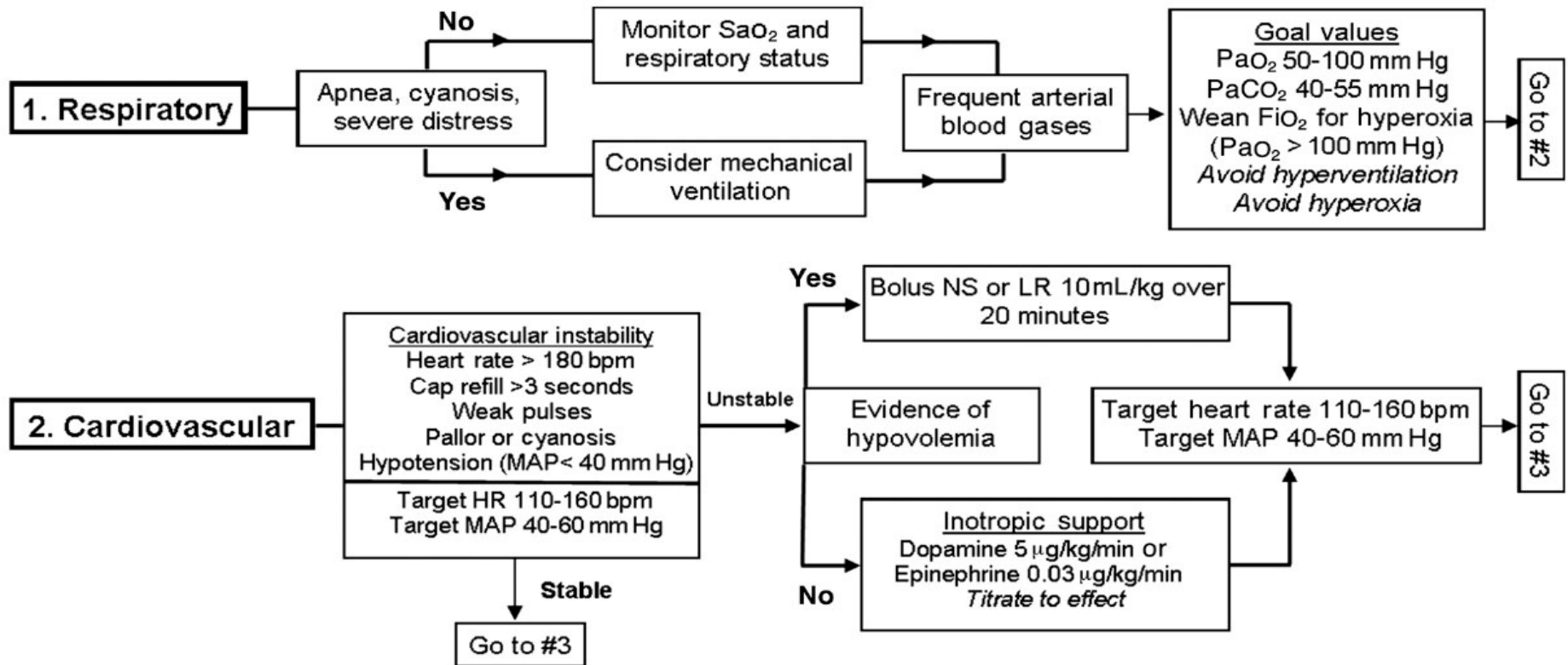
Remember the Basics Come First!

Airway

Breathing

Circulation





Respiratory Rate < 30 per minute – Bradypnea

- ▶ If labored, may be sign of exhaustion
- ▶ Apnea → frequency, duration, heart rate, O₂ saturation, self-resolved vs stimulation required
- ▶ Gaspings
 - ▶ **!** Ominous sign of impending cardio-respiratory arrest!
 - Provide immediate positive pressure ventilation (PPV)
 - If heart rate not rising, proceed with endotracheal intubation





Positive Pressure Ventilation (PPV)

▶ Indications

- Apnea
- Inadequate breathing effort
- Bradycardia
- Hypoxemia not responsive to supplemental O₂

⚠ **GASPING** → *signifies extremely critical state*
should be treated as apnea → provide PPV
→ assess need for intubation



Pre e Post duttale

g

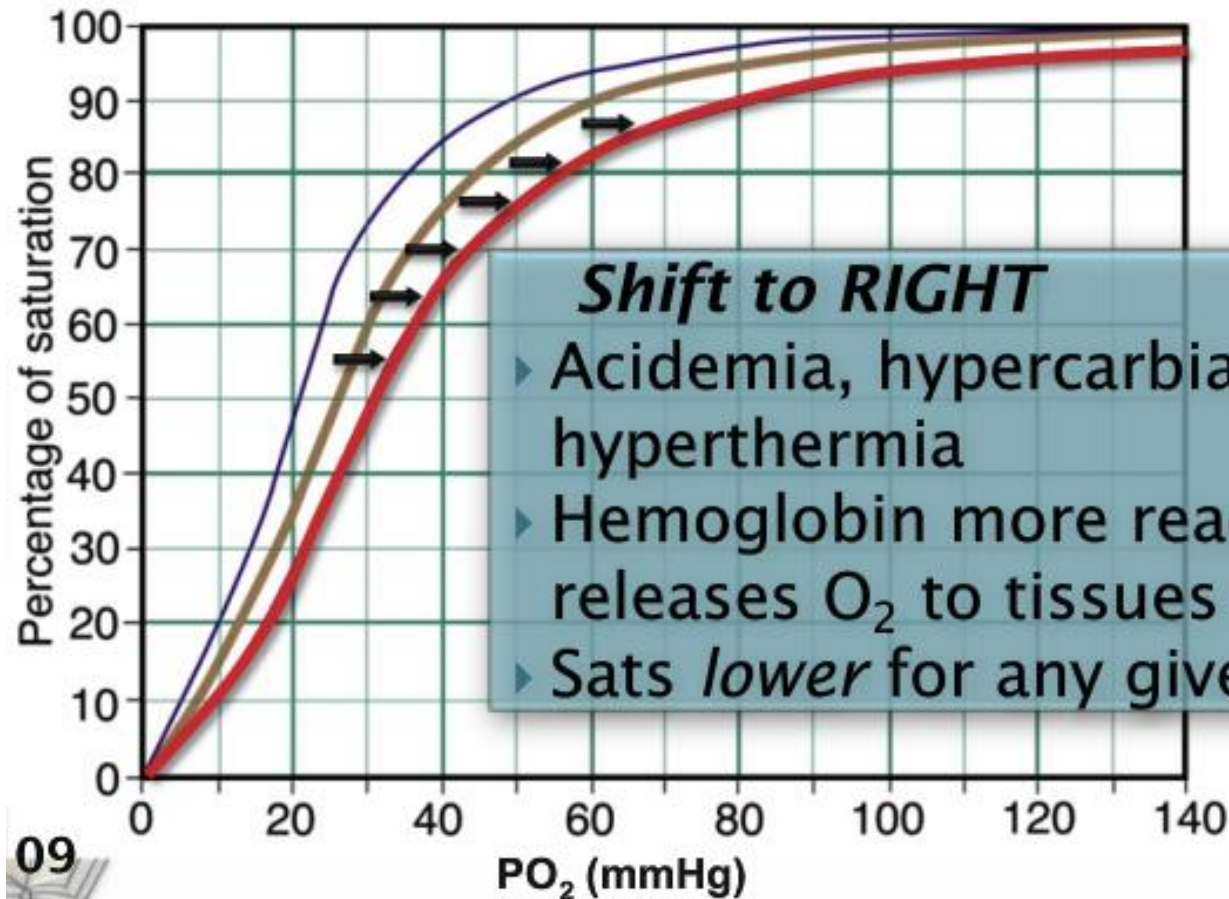
88%



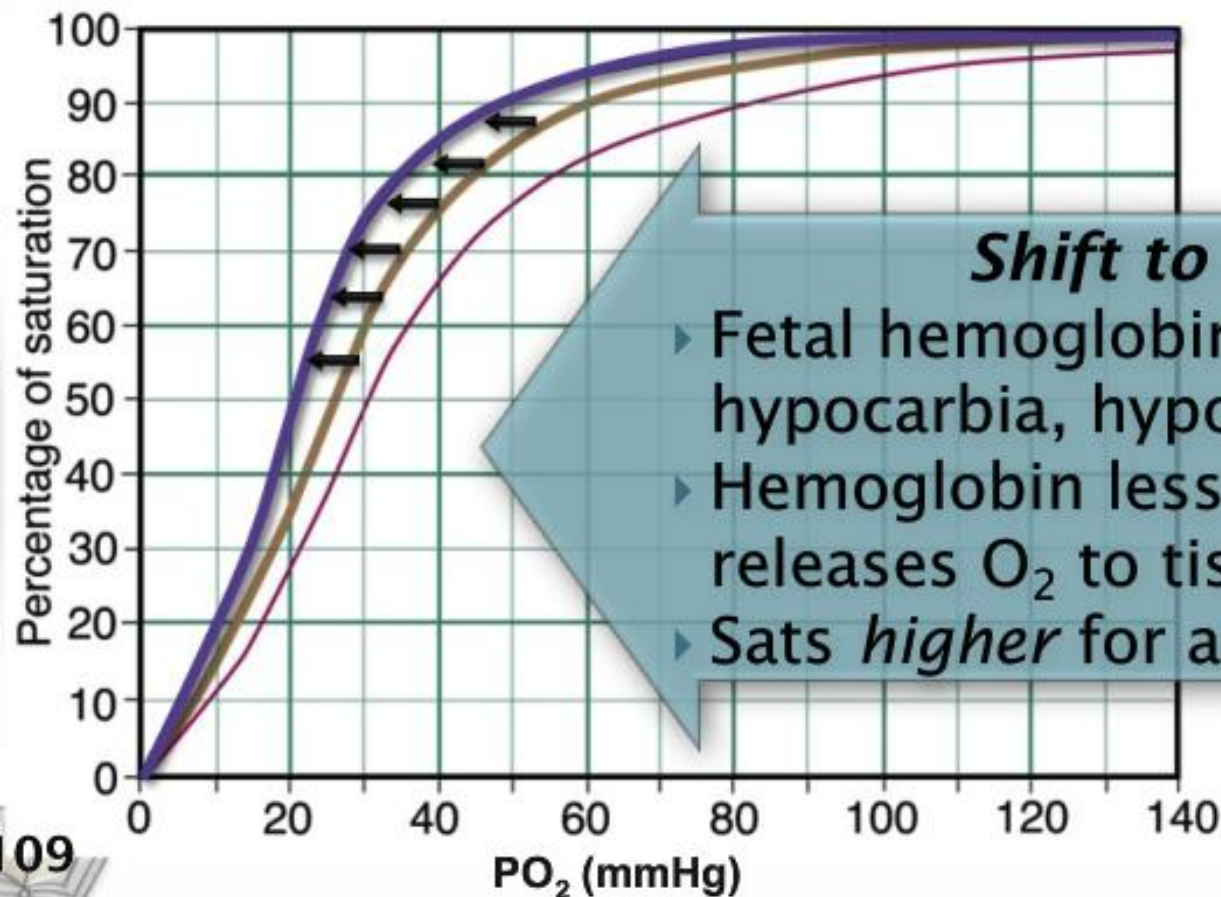
75%



O_2 - Hemoglobin Dissociation Curve



O_2 - Hemoglobin Dissociation Curve



Shift to LEFT

- ▶ Fetal hemoglobin, alkalemia, hypocarbia, hypothermia
- ▶ Hemoglobin less easily releases O_2 to tissues
- ▶ Sats *higher* for any given PO_2

- ▶ Cyanosis is visible with 3 – 5 gm/dL **reduced** hemoglobin



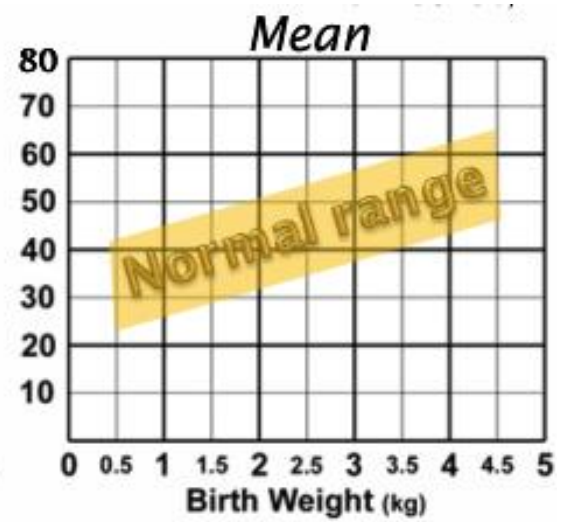
Hb = 20 gm/dL
Hct = 60%
O₂Sat = 85%



Hb = 15 gm/dL
Hct = 45%
O₂Sat = 80%



Hb = 10 gm/dL
Hct = 30%
O₂Sat = 70%



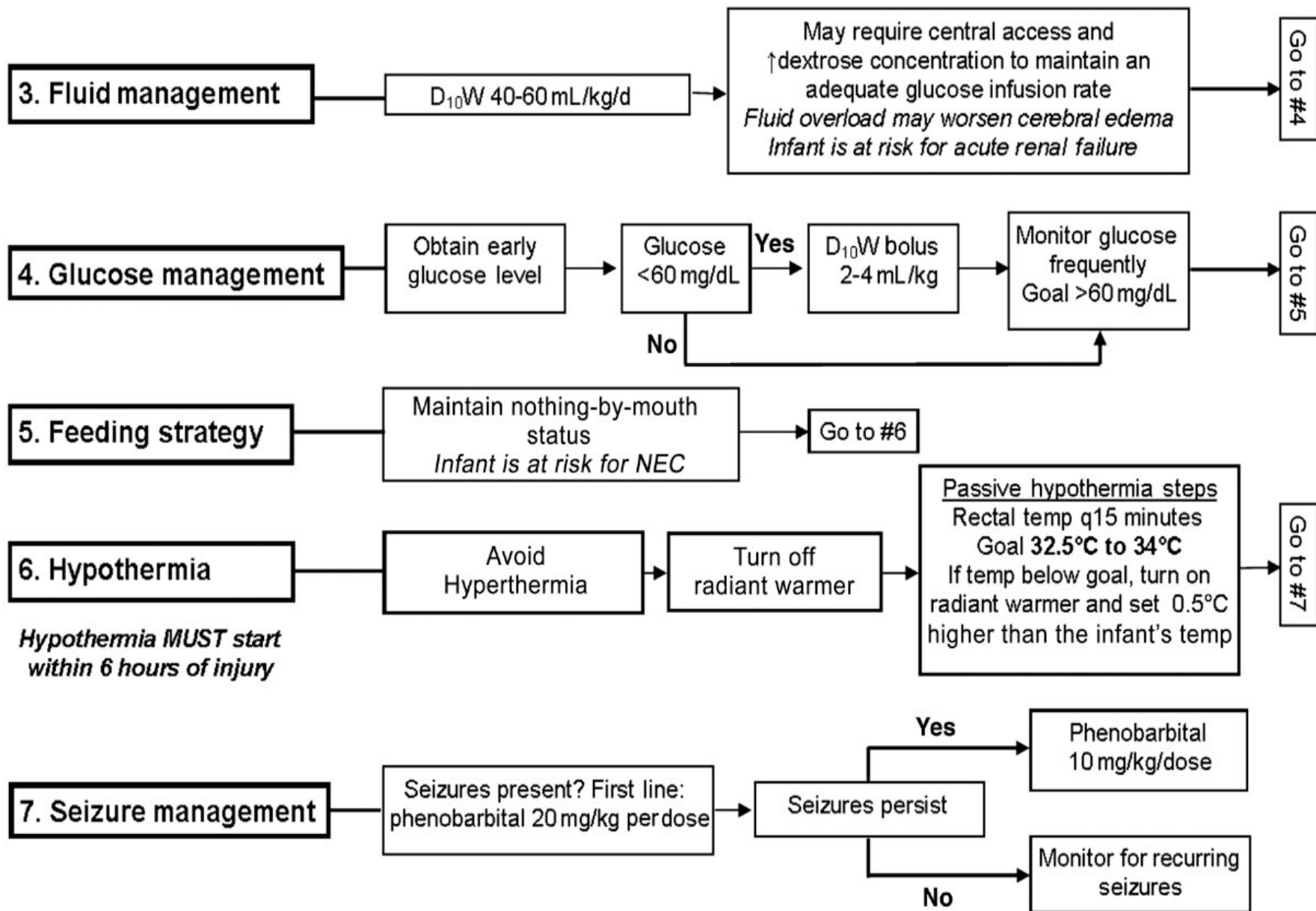
Blood Pressure ♦ Key Points

- ▶ Organ dysfunction results from inadequate perfusion and oxygenation
- ▶ Evaluate for underlying problems and treat aggressively
- ▶ Base decision to treat with volume and/or medications on physical assessment and history, not just blood pressure

BLOOD PRESSURE



Autism 2013



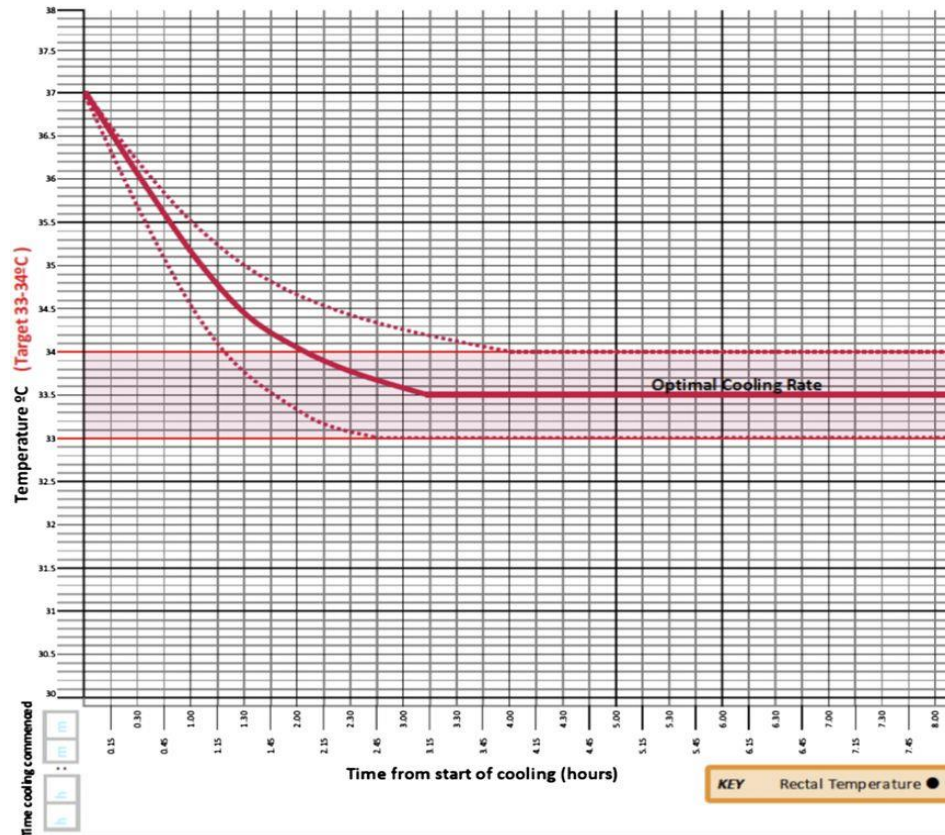
Stabilizzazione e trasporto

Neuroprotection Care Pathway (NCP-1) Diagnosis & Initial Management of HIE

Surname:
First names:
Date of Birth:
Hospital no.:
(use hospital identification label)

NHS No.

RECTAL TEMPERATURE MONITORING CHART

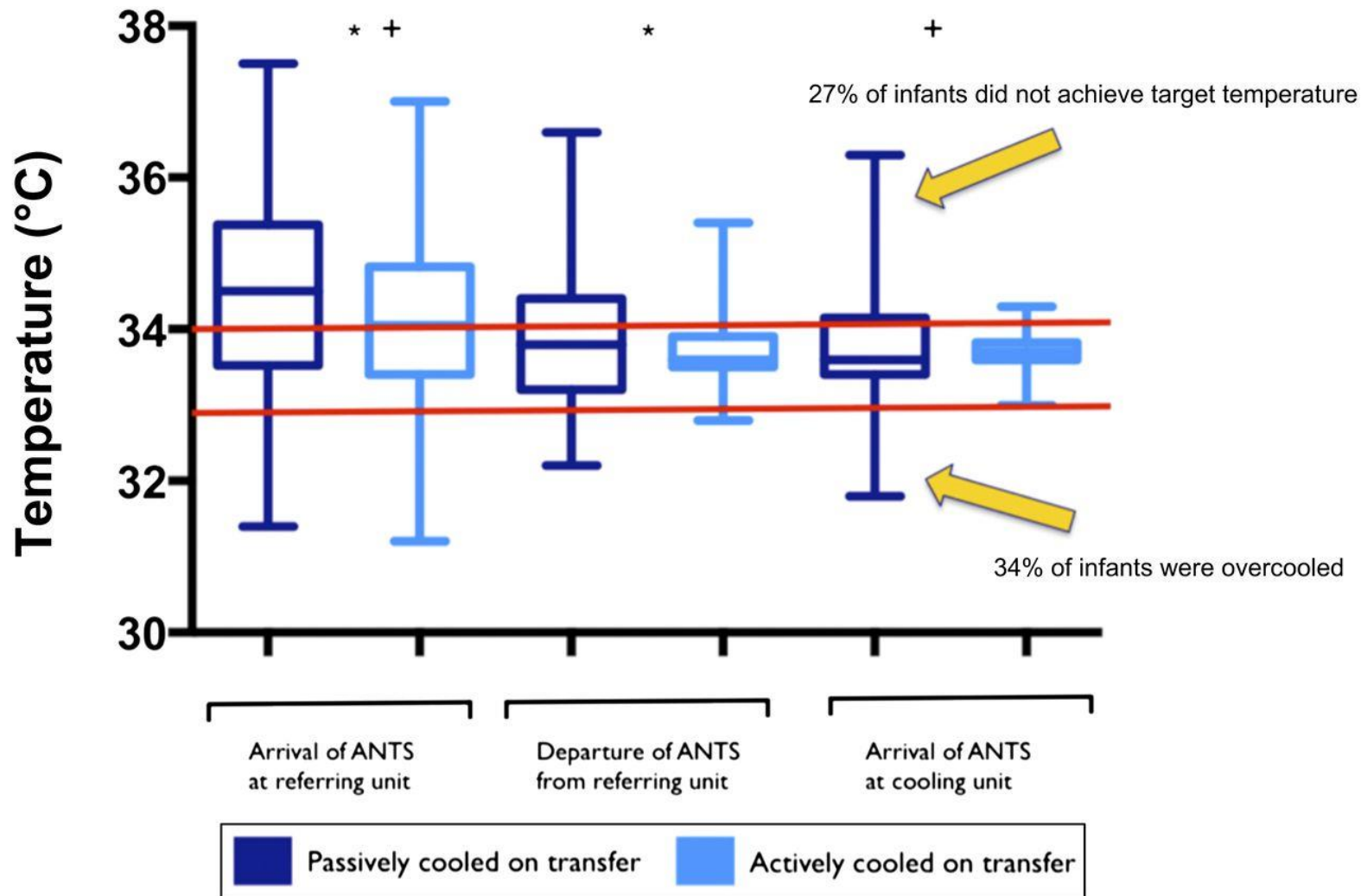


ACTIONS TAKEN TO ACHIEVE TEMPERATURE CONTROL	TIME	Sign/date
CAUTION from 34°C to avoid hypothermia (hat on, incubator to minimum)		

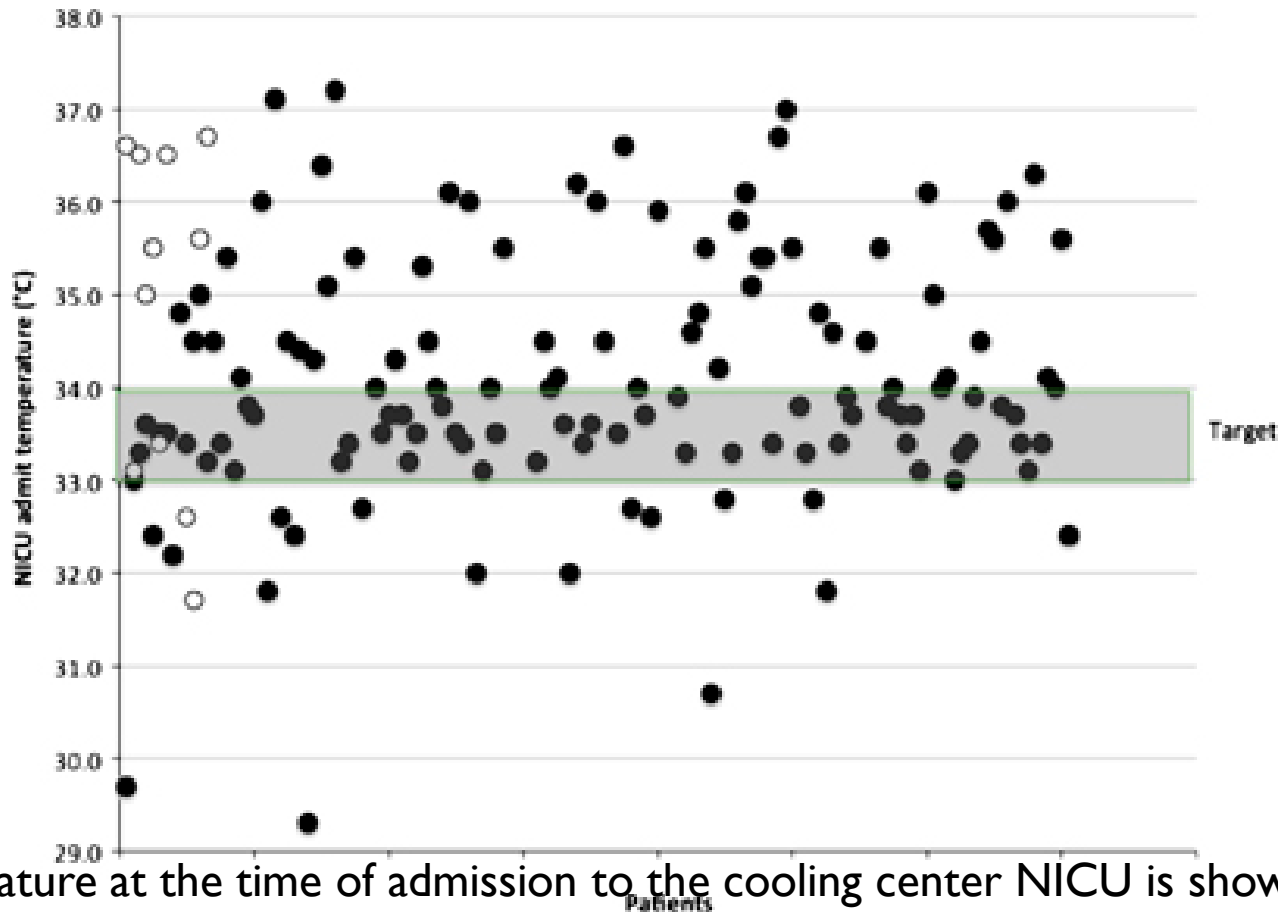
RACCOMA
ISCHEMICA

Place TRUST LOGO sticker here

Stabilizzazione e trasporto



Stabilizzazione e trasporto



temperature at the time of admission to the cooling center NICU is shown for the 142 infants who were cooled in transport. Group 1 (n=131), outborns cooled before transport, are shown with filled-in solid circles and Group 2 (n=11), outborns cooled after arrival of the transport team, are shown with open circles

Stabilizzazione e trasporto

Pre-Transport Stabilization

- ▶ Neonatal transport team goal → transport a well stabilized infant
 - Reduces possibility of adverse events which may lead to poor outcomes



Hypoxic Ischemic Encephalopathy

Resuscitation and stabilization factors associated with worsened neurologic outcomes

- ▶ Hyperthermia
 - *Prevent* hyperthermia at all times
 - *Treat* fever quickly
- ▶ Hypoglycemia → low glucose is not uncommon
 - *Be vigilant! Evaluate glucose often*
 - Aggressively treat with D₁₀W bolus if low
 - Maintain the blood sugar 50 – 110 mg/dL (2.8 – 6 mmol/L)



Gestione del neonato durante l'ipotermia

Personale medico e infermieristico specializzato

Monitoraggio durante ipotermia

- ▶ valutazione **peso, diuresi, bilancio liquidi** ogni 8-12 ore; **MEF**
- ▶ **parametri vitali:** FC,FR, SaO₂;
- ▶ monitoraggio continuo della **temperatura rettale e cutanea**
- ▶ monitoraggio **PA** cruenta o rilevazione incruenta ogni 2 ore;
- ▶ **ecocardiografia; ECG quotidiano;** enzimi cardiaci
- ▶ valutazione della **cute** e dei decubiti (adiponecrosi);
- ▶ **monitoraggio laboratoristico** (PCR, emocromo, emocoltura, coagulazione, creatininemia, azotemia, elettroliti, troponine) N.B minore specificità PCR, piastrinopenia, alterazioni coagulazione.
- ▶ Sedoanalgesia; attenzione all'accumulo; ridotto metabolismo
- ▶ Doppia terapia antibiotica

Monitoraggio

- ▶ **EON** 30-60 minuti; 6-24 ore; 3[^], 7[^] giornata, II settimana , dimissione
- ▶ **ecografia cerebrale** entro le prime 24 ore, ripetuta con ecodoppler ogni 48 ore nella prima settimana e poi su indicazione specifica;
- ▶ registrazione in continuo dell'**aEEG** durante trattamento (ipotermia e riscaldamento);
- ▶ **EEG** durante e a termine ipotermia, poi a una settimana

Monitoraggio durante riscaldamento

Dopo 72 ore di trattamento ipotermico, ritornare a temperatura normale

- ▶ incrementi di **0,5°/ora; in almeno 4 ore**; evitare il rapido incremento della temperatura;
- ▶ monitorare attentamente i segni vitali e la pressione arteriosa: **rischio di ipotensione**;
- ▶ la temperatura rettale del neonato va attentamente controllata per almeno altre 4 ore per evitare un eccessivo riscaldamento.
- ▶ **NB. E' possibile l'insorgenza di convulsioni durante il riscaldamento.**

Monitoraggio: follow up

- ▶ RM encefalo: il timing consigliato per la RM convenzionale è 7-10 giorni e comunque almeno entro il primo mese di vita, da anticipare a 4-6 giorni se associata alla diffusion
- ▶ follow-up-psicomotorio e neurosensoriale con l'ausilio di una scala di sviluppo (Griffith's o Bayley) almeno fino a 2-3 anni da proseguire ove possibile fino all'età scolare.

Neonati di EG \geq 35 settimane e peso \geq 1800 g che abbiano meno di 6 ore di vita.

Tutti i
punti
nascita

A. Ipossia intrapartum
(basta un solo criterio)



- Apgar \leq 5 a 10' *oppure*
- rianimazione a 10' *oppure*
- acidosi fetale o neonatale
 - pH \leq 7 *oppure*
 - BE \geq 12 mmol/l

A. Encefalopatia
ipossico-ischemica

E.O.N Sarnat II/III
Tra 30 e 60 minuti di vita

Spegnere il lettino; eventuale trasferimento



Centri di
riferimento

A. Criteri aEEG/EEG

Criteri soddisfatti
< 6 ore di vita

IPOTERMIA
72 ore

SINTESI



Anamnesi/ necessità di rianimazione/ clinica

- ▶ EAB entro 1 ora
- ▶ OSSIGENO: serve?
- ▶ SCHEDA SARNAT 30-60'

Criteri A e B soddisfatti?
Dubbi??



DECISIONE ENTRO 1 ORA!

- ✓ Stabilizzazione
- Ventilazione? Accesso venoso; glicemia
- ✓ Gestione temperatura
- ✓ Raccogliere anamnesi
- ✓ Gruppo mamma firmato

- ✓ Spegnere lettino e iniziare monitoraggio temperatura
- ✓ Allertare centro di riferimento (confronto video?)

