

SERVIZIO SANITARIO REGIONALE  
EMILIA-ROMAGNA  
Azienda Ospedaliero - Universitaria di Ferrara



**Università  
degli Studi  
di Ferrara**

Carcinoma dell'endometrio:

Approccio Multidisciplinare

Nuovo Ospedale S. Anna – Cona, 09 Febbraio 2019

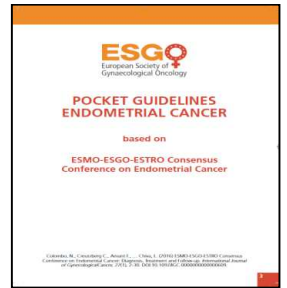
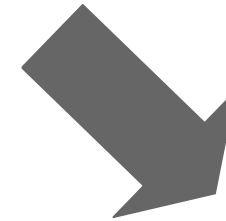
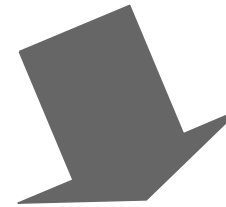
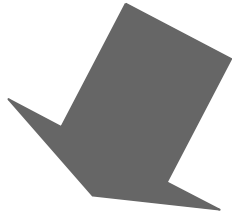
# Linee guida del trattamento

Dott.ssa Ruby Martinello

Clinica Ostetrica e Ginecologica, Azienda Ospedaliero-Universitaria S. Anna, Cona - Ferrara



2016



2018



2018



2015

2018

# Quando utilizziamo le raccomandazioni?

special articles

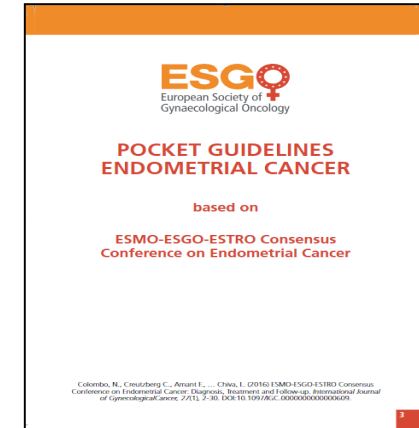
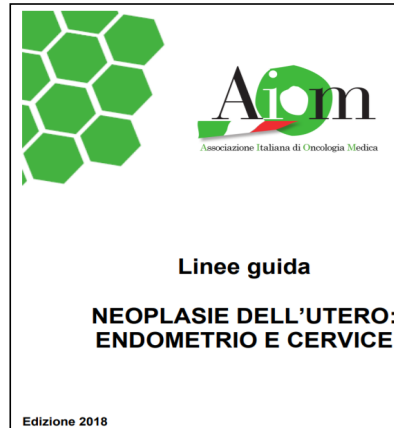
Annals of Oncology

Annals of Oncology 27: 16–41, 2016  
doi:10.1093/annonc/mdv484

## ESMO-ESGO-ESTRO Consensus Conference on Endometrial Cancer: diagnosis, treatment and follow-up<sup>†</sup>

N. Colombo<sup>1\*</sup>, C. Creutzberg<sup>2</sup>, F. Amant<sup>3,4</sup>, T. Bosse<sup>5</sup>, A. González-Martín<sup>6,7</sup>, J. Ledermann<sup>8</sup>, C. Marth<sup>9</sup>, R. Nout<sup>10</sup>, D. Querleu<sup>11,12</sup>, M.R. Mirza<sup>13</sup>, C. Sessa<sup>14</sup> & the ESMO-ESGO-ESTRO Endometrial Consensus Conference Working Group<sup>‡</sup>

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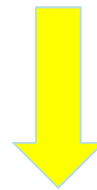


1 ) Dopo la stadiazione clinico-strumentale per approccio terapeutico

2 ) Dopo la stadiazione chirurgica per ev approccio adiuvante

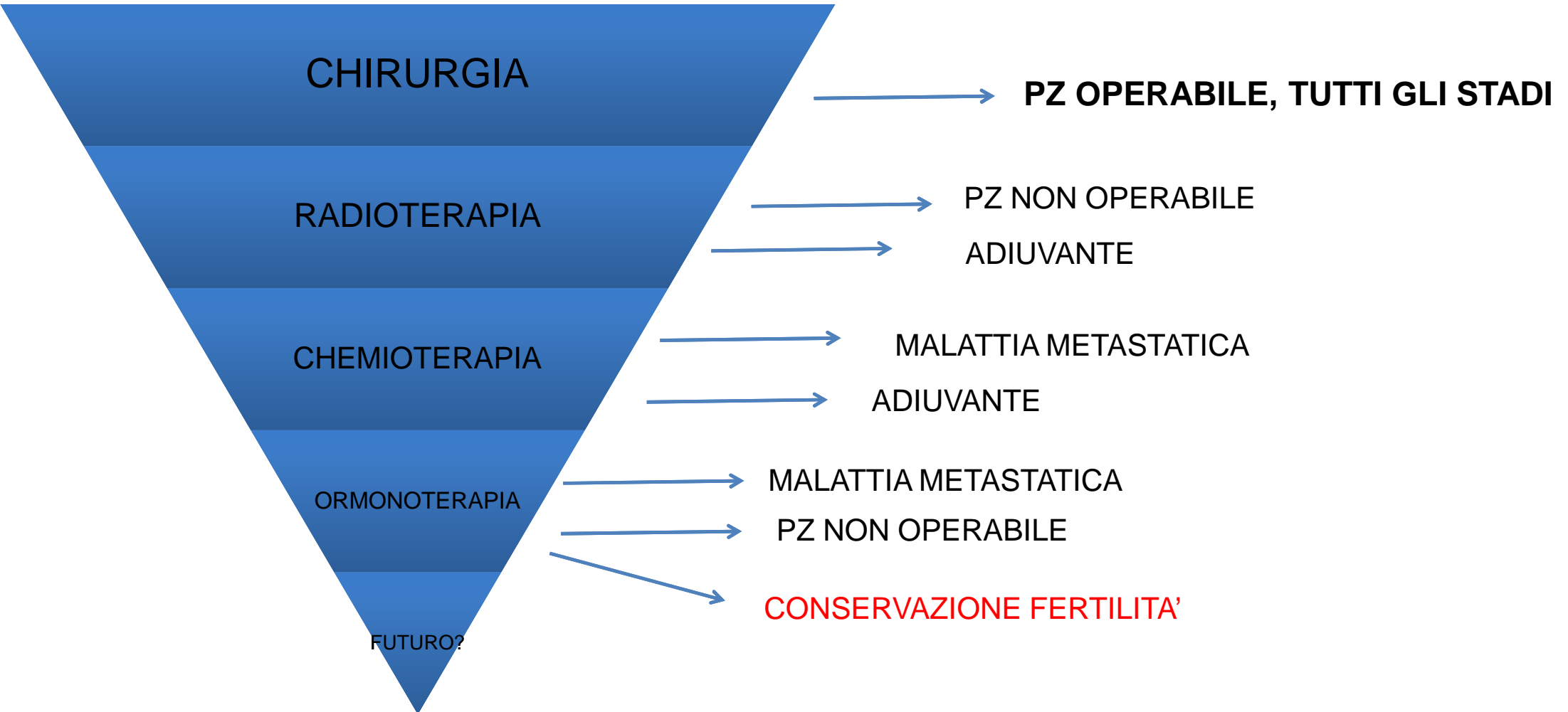
**PRIMA DIAGNOSI:**

**grading  
istotipo  
imaging**



- apparente I stadio
- > I stadio

## TERAPIE POSSIBILI



# CHIRURGIA



## I STADIO Istotipo Endometrioide

La chirurgia standard è l'isterectomia totale extrafasciale con salpingo-ovariectomia bilaterale senza asportazione dell'orletto vaginale

*Peritoneal cytology is no longer considered mandatory for staging*

*(Ma peggior prognosi)*

L.E.:	IV
Racc:	A

Ovariectomia per

- Prevenzione ca ovarico
- Escludere metastasi

*Donne giovani:* no BRCA mutations

no Sindrome di Lynch:

*conservazione ovaie, si salpingectomia*

## II STADIO EC

NO CHIRURGIA RADICALE  
(TIPO A o B)  
SEMPRE LINFOADENECTOMIA

## III-IV STADIO

CITORIDUZIONE

Se non possibile: radioterapia!

## NON EEC:

- STESSA CHIR DELL'ALTO RISCHIO
- SEMPRE OVARIECTOMIA
- OMENTECTOMIA NEL SIEROSO  
non nel C.C.



## CHIRURGIA

**Ruolo della laparoscopia**

**Ruolo della linfadenectomia**

**Ruolo del linfonodo sentinella**

# LAPAROSCOPIA vs LAPAROTOMIA

stessi risultati per DFS e OS  
ma per laparoscopia:

>tempi operatori  
<morbidity  
<ospedalizzazione

vantaggi in

- Obese
- Anziane
- Co-morbidity

*I-II stadio (LAP2-GOG, 2012) LE 1 Racc A  
Alto grado retrospettivo (2012) LE IV Racc C*

*Tozzi et a, 2005*



## ESMO-ESGO-ESTRO CONSENSUS CONFERENCE

### LAPAROSCOPIA vs LAPAROTOMIA

**La chirurgia mini-invasiva è raccomandata nella gestione chirurgica del carcinoma endometriale a rischio basso e intermedio**

LE:	I
R:	A

## LAPAROSCOPY vs. LAPAROTOMY



“Minimally invasive surgery (MIS) is the preferred approach **when technically feasible**”



“La chirurgia laparoscopica rispetto alla chirurgia laparotomica **dovrebbe essere presa in considerazione** perché offre risultati equivalenti in termini di ripresa di malattia con ridotte complicanze intra- e post-operatorie”  
[B: positiva forte]



“Laparoscopy should be embraced as the standard surgical approach **for comprehensive surgical staging**”  
[level of evidence: A]

# LINFOADENECTOMIA

Fa parte della stadiazione ma controversa nel **I stadio** per:

- Indicazioni
- Estensione
- Ruolo

## Indicazioni:

Nessuna G1-G2 <50%,

LE:II  
R:A

SCOPO STADIATIVO: G3 <50%  
(no diff OS) G1-G2 >=50%

LE:II  
R:C

SI G3 >=50%

LE:IV  
R:B

**Estensione:** - pelvici e paraortici fino  
alle vene renali  
- almeno 10/12 LFN

LE:III  
R:B

**Ruolo:** 1) migliore definizione prognostica  
2) modulazione terapia adiuvante

LE:IV  
R:B

## Sempre nel II-IV stadio



## SENTINEL LYMPH NODE (SLN) MAPPING

**L'asportazione del linfonodo sentinella (SLND) è ancora un approccio sperimentale, ma la letteratura suggerisce che sia fattibile.**

**La SLND aumenta le diagnosi di micro-metastasi e di cellule tumorali isolate; tuttavia, l'impatto clinico di questi risultati non è chiaro**

*LE:IV  
R:D*

## SENTINEL LYMPH NODE (SLN) MAPPING



“SLN is **under evaluation**: SLN mapping with **ultrastaging** may increase the detection of lymphnode metastasis with **low false-negative rates** in apparent uterine-confined disease”



“SLN ha mostrato una **buona performance** diagnostica e potrebbe rappresentare un **buon compromesso** (anche in pazienti a basso rischio)” [Livello 2]



“SLN dissection may **reduce the morbidity** associated with standard lymphadenectomy and may enhance the **therapeutic benefit of surgical staging** in early E.C.”

Dubbio: sito di iniezione

# Stadiazione FIGO 2018

FIGO CANCER REPORT 2018

WILEY  GYNECOLOGY  
OBSTETRICS 

## Cancer of the corpus uteri

Frédéric Amant<sup>1,2,3,\*</sup> | Mansoor Raza Mirza<sup>4</sup> | Martin Koskas<sup>5</sup> | Carien L. Creutzberg<sup>6</sup>

**TABLE 1** Cancer of the corpus uteri.

FIGO Stage	
I <sup>a</sup>	Tumor confined to the corpus uteri
IA <sup>a</sup>	No or less than half myometrial invasion
IB <sup>a</sup>	Invasion equal to or more than half of the myometrium
II <sup>a</sup>	Tumor invades cervical stroma, but does not extend beyond the uterus <sup>b</sup>
III <sup>a</sup>	Local and/or regional spread of the tumor
IIIA <sup>a</sup>	Tumor invades the serosa of the corpus uteri and/or adnexae <sup>c</sup>
IIIB <sup>a</sup>	Vaginal involvement and/or parametrial involvement <sup>c</sup>
IIIC <sup>a</sup>	Metastases to pelvic and/or para-aortic lymph nodes <sup>c</sup>
IIIC1 <sup>a</sup>	Positive pelvic nodes
IIIC2 <sup>a</sup>	Positive para-aortic nodes with or without positive pelvic lymph nodes
IV <sup>a</sup>	Tumor invades bladder and/or bowel mucosa, and/or distant metastases
IVA <sup>a</sup>	Tumor invasion of bladder and/or bowel mucosa
IVB <sup>a</sup>	Distant metastasis, including intra-abdominal metastases and/or inguinal nodes)

<sup>a</sup>Either G1, G2, or G3.

<sup>b</sup>Endocervical glandular involvement only should be considered as Stage I and no longer as Stage II.

<sup>c</sup>Positive cytology has to be reported separately without changing the stage.

Tabella 2. Nuovi gruppi di rischio per guidare l'uso di terapia adiuvante

Risk group	Description	LoE
Basso	Stadio I endometrioide, grado 1-2, invasione miometriale <50%, LVSI negativi	I
Intermedio	Stadio I endometrioide, grado 1-2, invasione miometriale ≥50%, LVSI negativi	I
Intermedio-alto	Stadio I endometrioide, grado 3, invasione miometriale <50%, indipendentemente dallo stato di LVSI Stadio I endometrioide, grado 1-2, LVSI inequivocabilmente positivi, indipendentemente dalla profondità di invasione	I II
Alto	Stadio I endometrioide, grado 3, invasione miometriale ≥50%, indipendentemente dallo stato di LVSI Stadio II Stadio III endometrioide, in assenza di malattia residua Non-endometrioide (carcinoma sieroso o a cellule chiare o indifferenziato, o carcinosarcoma)	I I I
Avanzato	Stadio III con malattia residua e stadio IVA	I
Metastatico	Stadio IVB	I

E' stata utilizzata la classificazione FIGO 2009; i fattori molecolari sono stati considerati ma non inclusi; la dimensione del tumore era considerata ma non inclusa; lo stato linfonodale può essere preso in considerazione per le raccomandazioni terapeutiche



# STAGE I: ADJUVANT TREATMENT

## ESMO-ESGO-ESTRO CONSENSUS CONFERENCE

STAGE I : NEW RISK GROUPS TO GUIDE ADJUVANT THERAPY USE		
Risk Group	Description	LOE
<b>LOW</b>	Endometrioid, grade 1-2, <50% myometrial invasion, LVSI negative	<b>I</b>
<b>INTERMEDIATE</b>	Endometrioid, grade 1-2, ≥50% myometrial invasion, LVSI negative	<b>I</b>
<b>HIGH-INTERMEDIATE</b>	Endometrioid, grade 3, <50% myometrial invasion, regardless of LVSI status	<b>I</b>
	Endometrioid, grade 1-2, LVSI unequivocally positive, regardless of depth of invasion	<b>II</b>
<b>HIGH</b>	Endometrioid, grade 3, ≥50% myometrial invasion, regardless of LVSI status	<b>I</b>

## STAGE I : NEW RISK GROUPS TO GUIDE ADJUVANT THERAPY USE

Risk Group	Description	LOE
<b>LOW</b>	Endometrioid, grade 1-2, <50% myometrial invasion, LVSI negative	<b>I</b>
<b>INTERMEDIATE</b>	Endometrioid, grade 1-2, ≥50% myometrial invasion, LVSI negative	<b>I</b>
<b>HIGH-INTERMEDIATE</b>	Endometrioid, grade 3, <50% myometrial invasion, regardless of LVSI status Endometrioid, grade 1-2, LVSI unequivocally positive, regardless of depth of invasion	<b>I</b> <b>II</b>
	Endometrioid, grade 3, ≥50% myometrial invasion, regardless of LVSI status	<b>I</b>

no adjuvant treatment is recommended

*LE:I*  
*R:A*

## STAGE I : NEW RISK GROUPS TO GUIDE ADJUVANT THERAPY USE

Risk Group	Description	LOE
LOW	Endometrioid, grade 1-2, <50% myometrial invasion, LVSI negative	I
<b>INTERMEDIATE</b>	Endometrioid, grade 1-2, ≥50% myometrial invasion, LVSI negative	<b>I</b>
<b>HIGH-INTERMEDIATE</b>	Endometrioid, grade 3, <50% myometrial invasion, regardless of LVSI status Endometrioid, grade 1-2, LVSI unequivocally positive, regardless of depth of invasion	I II
HIGH	Endometrioid, grade 3, ≥50% myometrial invasion, regardless of LVSI status	I

1. Adjuvant brachitherapy is recommended to decrease vaginal recurrence

*LE:I*  
*R:B*

2. No adjuvant treatment is an option, especially for patients aged <60 years

*LE:II*  
*R:C*

## STAGE I : NEW RISK GROUPS TO GUIDE ADJUVANT THERAPY USE

Risk Group	Description	LOE
LOW	Endometrioid, grade 1-2, <50% myometrial invasion, LVSI negative	I
INTERMEDIATE	Endometrioid, grade 1-2, ≥50% myometrial invasion, LVSI negative	I
<b>HIGH-INTERMEDIATE</b>	Endometrioid, grade 3, <50% myometrial invasion, regardless of LVSI status Endometrioid, grade 1-2, LVSI unequivocally positive, regardless of depth of invasion	<b>I</b> <b>II</b>
HIGH	Endometrioid, grade 3, ≥50% myometrial invasion, regardless of LVSI status	I

### La linfadenectomia modula la terapia

1 – **Surgical nodal staging** performed, node negative:

- A. Adjuvant brachiterapy is recommended to decrease vaginal recurrence
- B. No adjuvant therapy is an option

2- **No surgical nodal staging:**

- A. Adjuvant EBRT recommended for LVSI unequivocally positive to decrease pelvic recurrence
- B. Adjuvant brachytherapy alone is recommended for grade 3 and LVSI negative to decrease vaginal recurrence

## STAGE I : NEW RISK GROUPS TO GUIDE ADJUVANT THERAPY USE

Risk Group	Description	LOE
LOW	Endometrioid, grade 1-2, <50% myometrial invasion, LVSI negative	I
INTERMEDIATE	Endometrioid, grade 1-2, ≥50% myometrial invasion, LVSI negative	I
HIGH-INTERMEDIATE	Endometrioid, grade 3, <50% myometrial invasion, regardless of LVSI status Endometrioid, grade 1-2, LVSI unequivocally positive, regardless of depth of invasion	I II
HIGH	Endometrioid, grade 3, ≥50% myometrial invasion, regardless of LVSI status	I

### 1 – **Surgical nodal staging performed, node negative:**

- A. Adjuvant EBRT with limited fields should be considered to decrease locoregional recurrence
- B. Adjuvant brachytherapy may be considered as an alternative to decrease vaginal recurrence
- C. Adjuvant systemic therapy is under investigation

**La linfadenectomia modula la terapia**

### 2- **No surgical nodal staging:**

- A. Adjuvant EBRT is generally recommended for pelvic control and relapse
- B. Sequential adjuvant chemotherapy may be considered to improve PFS and cancer-specific survival (CSS)
- C. There is more evidence to support giving chemotherapy and EBRT in combination rather than either treatment modality alone

# CONCLUSIONI - 1

## I STADIO

### CHIRURGIA-LINFOADENECTOMIA

1. **Standard surgery** is total extrafascial hysterectomy with BSO
2. **Minimally invasive** surgery is recommended in the surgical management of low- and intermediate-risk
3. **Lymphadenectomy:**
  - Low risk: not recommended
  - Intermediate risk: considered for staging purpose
  - High risk: recommended
4. If lymphadenectomy is performed, **systematic removal of pelvic and para-aortic nodes** should be considered
5. **SLND** is still experimental

# CONCLUSIONI - 2

## TERAPIA ADIUVANTE I STADIO

### LOW RISK



Grade 1-2  
and  
<50% myom. invas.  
and  
LVSI -



**Observation**

### INTERMEDIATE RISK



Grade 1-2  
and  
≥ 50% myom. invas.  
and  
LVSI -



**Observation (< 60 yrs)  
Vs  
Brachytherapy**

### HIGH INTERM. RISK

Grade 3  
And  
< 50% myom.  
invas.  
Or  
Grade 1-2  
and  
LVSI +

**Brachy Vs Observation**  
  
EBRT se LVSI +  
or  
Brachytherapy se G3 e  
LVSI -  
(no **surgical nodal** staging)

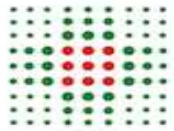
### HIGH RISK



Grade 3  
or  
≥ 50% myom. invas.  
and  
LVSI +



**EBRT**  
+/- Chemotherapy  
(no **surgical nodal** staging)



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**GRAZIE!**



# CONSERVAZIONE FERTILITA'

## possibile pensarci perché:

MENO DEL 4% < 40 AA

ETA' GIOVANILE : STADIO PRECOCE  
BEN DIFFERENZIATO,  
MIGLIORE PROGNOSI

Iperplasia atipica/ca endometrioide G1  
RF non Biopsia  
Più patologi/DEDICATI  
NO LINEE GUIDA

MPA o MA o LNG-IUG (resetto?) Dopo 6 mesi : DC

Resp rate : 75%  
Rec 30-40%

La gravidanza non aumenta rischio di recidiva

Live Birth Rate    28% spontaneo  
                          38% fecond assistita

Isterectomia se:

- Fallimento
- Dopo le gravidanze