

Please fill in the form with all requested information

**PATIENT DETAILS**

NAME AND SURNAME \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

GENDER

MALE     FEMALE

RESIDENCE (street) \_\_\_\_\_ Number \_\_\_\_\_ City \_\_\_\_\_ postalcode \_\_\_\_\_ Country \_\_\_\_\_

Email and telephone \_\_\_\_\_

Sent by (Clinician, please add an e-mail address): \_\_\_\_\_

Positive family history:             NO                     YES (if YES, attach pedigree)

**CLINICAL DIAGNOSIS (check as appropriate)**

- DUCHENNE MUSCULAR DYSTROPHY  
 BECKER MUSCULAR DYSTROPHY  
 INTERMEDIATE MUSCULAR DYSTROPHY  
 HIGH CK  
 CRAMPS ONLY  
 CARRIER

**CLINICAL DESCRIPTION**

Age of onset: \_\_\_\_\_

Clinical evaluation: (indicate date of last evaluation \_\_\_\_\_)

Muscle weakness: please indicate MRC score for each of the subsequent muscle group

| Muscular district  | MRC score right | MRC score left |
|--------------------|-----------------|----------------|
| Neck flexors       |                 |                |
| Shoulder abductors |                 |                |
| Elbow flexors      |                 |                |
| Elbow extensors    |                 |                |
| Hip flexors        |                 |                |
| Knee flexors       |                 |                |
| Knee extensors     |                 |                |

Calf hypertrophy:             NO     YES

Contractures:                 NO     YES (if YES, where? \_\_\_\_\_)

➤ Functional abilities:

- |  |  |
|--|--|
| <input type="checkbox"/> Independent walking                       | <input type="checkbox"/> Rise from sitting position            |
| <input type="checkbox"/> Walking with assistance                   | <input type="checkbox"/> Climb stairs with/ without assistance |
| <input type="checkbox"/> Loss of ambulation (from age _____ years) | <input type="checkbox"/> Unable to climb stairs                |

➤ North Star Ambulatory Assessment (NSAA) at last evaluation \_\_\_\_\_

➤ Six-Minute Walk Distance Test (6MWD) at last evaluation \_\_\_\_\_

➤ CPK at onset: \_\_\_\_\_ CPK on last evaluation (if available): \_\_\_\_\_

- Cardiological evaluation: Dilated cardiomyopathy  YES  NO  
 ECG (attach report)  ECHO (attach report)
- Pulmonary evaluation: \_\_\_\_\_

Steroid therapy:

- NO  YES Please indicate:  
start date \_\_\_\_\_  
dosage \_\_\_\_\_  
posology \_\_\_\_\_

- Other drug therapy (describe) \_\_\_\_\_

### **MUSCLE BIOPSY**

- Age: \_\_\_\_\_ Muscle: \_\_\_\_\_
- Immunohistochemical/WB:  NO  YES (if **YES attach report**)

### **AVAILABLE SAMPLE/s FOR FURTHER ANALYSES**

- Muscular biopsy  Skin biopsy  Fibroblasts  Myoblasts

Place, date \_\_\_\_\_

Signature \_\_\_\_\_  
(Clinician Name and Surname, email, fax)

\_\_\_\_\_  
Official Stamp

**FAMILY PEDIGREE (please indicate the proband or index case by an arrow)**